



**ARMY PUBLIC SCHOOL GWALIOR**  
**CLASS - VIII**  
**ACADEMIC SESSION 2023-24**  
**REVISION WORKSHEET (SELF –ASSESSMENT)**

**Subject: English**

**Assignment No. : 4**

**Allotment Date: 12 September 2023**

S. NO.	QUESTIONS	MARKS	NATURE
Q.1	<p>Read the Passage carefully.</p> <p>When Thomas was fifteen, he was a very intelligent and generous boy. He spent his day only reading, eating, and sleeping. Other than that, he didn't do anything. When the teachers of his class asked him any question, he would answer it very immediately.</p> <p>He always kept himself away from social activities, but once when he was going to his school, he saw a very old man begging on the roadside.</p> <p>At first, he thought that he should stop there and ask him why he was begging because he was too old to do that, instead, he should rest. At the same time, he realized that if he stopped there, he would be late for school.</p> <p>He thought for a while and went to the old man. He saw that everyone was passing by him but no one was giving him alms. After seeing the incident, he took out twenty rupees from his pocket and gave them to the beggar. By doing that, he felt very good and reached the school gasping.</p> <p>On the basis of reading the passage answer the questions that follows-</p> <p>1. How did Thomas spend his day?</p> <p>( a ) Only doing social activities</p> <p>( b ) Only reading, eating, and sleeping</p> <p>( c ) Only eating and sleeping</p> <p>( d ) None of the above</p> <p>2. Who did Thomas see on his way to school?</p> <p>( a ) A hermit</p>	5 M	Understanding

	<p>( b ) A poor man</p> <p>( c ) An old man</p> <p>( d ) A poor woman</p> <p>3. What did Thomas want to ask the old man?</p> <p>( a ) The reason for begging</p> <p>( b ) To eat healthy food.</p> <p>( c ) To beg as much as he could</p> <p>( d ) To rest instead of begging</p> <p>4. What is the synonym of gasp?</p> <p>( a ) Heave</p> <p>( b ) Breath</p> <p>( c ) Blow</p> <p>( d ) Inhale</p> <p>5. How much money did Thomas give to the beggar?</p> <p>( a ) Thirty rupees</p> <p>( b ) Twenty rupees</p> <p>( c ) Fifteen rupees</p> <p>( d ) Twenty-five rupees</p>		
<p><b>Q.2</b></p>	<p>Read the passage carefully.</p> <p>A 92 year -old lady, who is fully dressed each morning by eight o'clock with perfect make-up, even though she is blind, moved to an old age home. Her husband recently passed away. She didn't even have children too. After many hours of waiting patiently in the lobby she smiled sweetly when she was ready. She was provided a visual description of her tiny room.</p> <p>"I love it," stated with the enthusiasm of an eight-year-old having just been presented with a new puppy.</p>	<p><b>5</b></p>	<p>Critical Thinking &amp; Problem Solving</p>

“But.....but Mrs. Jones, you haven’t seen the room, ” said the attendant. “That doesn’t have anything to do with it,’ she replied. “Happiness is something you decide, I have already decided to love it. It’s a decision I make every morning I wake up. I can spend the day in bed, recounting the difficulty I have with the parts of my body that don’t work. , or get out of bed and be thankful for the ones that do. Each day is a gift, and as long as I am alive I’ll focus on the new day and all the happy memories I’ve stored away, just for this time in my life. ‘The attendant was touched by the elderly woman’s sense of cheer and boundless enthusiasm.

2.1 On the basis of the reading of the passage, answer the questions

Q 1) Why did the old woman move to an old age home?

Q 2) How did she react when the attendant gave a description of the room she had to live in?

Q 3) What resolution did she make when she woke up every morning?

2.2 From the passage, find out the one-word substitute for the following explanations:

1) Give an account of

2) Unlimited

2.3 Find the antonym of the following words from the passage:

1) Whole

	2) dead		
<b>Q.3</b>	It was the happiest day of your life when your class teacher informed you that you have been selected as the 'Best sportsman of the year'. You are thrilled as now you will receive the award at the Annual Day Celebrations. Make a diary entry recording your feelings in it	<b>5</b>	Communication skill
<b>Q.4</b>	Choose the correct verb form from those in brackets: a) Abdul _____ to be a doctor. (wants, wanting, is wanting) b) The Soup _____ good. (taste, tastes, is tasting) c) He _____ TV most evening. (watches, is watch, is watching) d) He _____ out five minutes ago. ( has gone, had gone, went)	$\frac{1}{2} * 4 = 2$	Analytical
<b>Q.5</b>	<b>Fill in the blanks with the correct modals</b> 1. I __ arrange the flowers for the bouquet. (may/can) 2. __ I borrow this pen from you? (may/might)	<b>2</b>	Interdisciplinary
<b>Q.6</b>	<b>Short Answer Type Questions</b> Answer the following questions in 30-40 words only.  1. In what ways did the British officers exploit Indians? 2. who was Chunilal? What did he want from Bepin Babu? 3. What are the two different ideas about why so few animals were killed in the Tsunami? Which idea do you find more believable?	<b>2x3=6</b>	Evaluation
<b>Q.7</b>	<b>Long Answer Type Questions</b> Answer the following questions in 100-120 words. 1. Owing things is human; sharing them is divine. Elaborate OR What one throws away as waste may be valuable to others. Do you find this sentence meaningful in the context of this story? How?	<b>5</b>	HOT



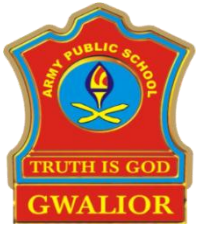
**ARMY PUBLIC SCHOOL GWALIOR**  
**CLASS - VIII**  
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**REVISION WORKSHEET (SELF –ASSESSMENT)**

**Subject: Hindi**

**Assignment No. : 4**

**Allotment Date: 12 September 2023**

क्रम सं.	प्रश्न	अंक	प्रकृति
1.	निम्न शब्दों के अर्थ लिखिए- म्यान,दिस , निशा	3	Informative Communication Skills
2.	निम्नलिखित प्रश्नों के उत्तर दीजिए – 1-तलवार का महत्व होता है, म्यान का नहीं उक्त उदाहरण से कबीर क्या कहना चाहते हैं? 2-पक्षियों और बादल की चिट्ठियों में में पेड पौधें, पानी और पहाड क्या पढ पाते हैं?	6	Critical Thinking and Problem Solving
3.	(क) संज्ञा की परिभाषा देते हुए उसके भेदों को उदाहरण देकर समझाइए। (ख) सर्वनाम की परिभाषा देते हुए उसके भेदों को उदाहरण देकर समझाइए।	4	Interdisciplinary
4.	1 सिंधु घाटी सभ्यता का अंत कैसे हुआ होगा? 2 भारत का नेपोलियन किसे कहा जाता है और क्यों?	5	Understanding
5.	(क) निम्नलिखित में से किसी एक विषय पर निबंध तैयार कीजिए - 1- पर्यावरण संतुलन 2- अच्छा स्वास्थ्य (ख) घडी साबुन पर विज्ञापन तैयार कीजिए -	8	Evaluation
6.	अपने मित्र को मेडीकल परीक्षा में सफलता प्राप्त करने पर पत्र लिखिए।	4	Analytical



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Subject: Mathematics

Assignment No. : 4

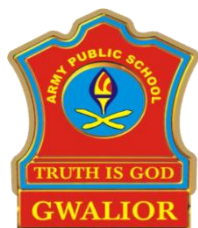
Allotment Date: 12 September 2023

S. NO.	QUESTIONS	MARKS	NATURE
1	<p><b>Choose the correct alternatives in each of the following:</b></p> <p><b>The multiplicative identity of rational numbers is:</b></p> <p>A) 0 B) 1 C) 2 D) -1</p>	1	Understanding
2	<p><b>What should be added to <math>-7/3</math> to get <math>3/7</math>?</b></p> <p>A) <math>21/58</math> B) <math>58/21</math> C) <math>47/21</math> D) <math>50/21</math></p>	1	Evaluation
3	<p><b><math>a^m \times a^n</math> is equal to</b></p> <p>A) <math>a^{m+n}</math> B) <math>a^{m-n}</math> C) <math>a^{mn}</math> D) <math>a^{n-m}</math></p>	1	Informative
4	<p><b>How many diagonals does a triangle have ?</b></p> <p>A) 0 B) 1 C) 2 D) 4</p>	1	Understanding

5	<b>A perfect square number between 30 and 40 is</b> A) 36 B) 32 C) 33 D) 39	1	Evaluation
	<b>Fill in the blanks.</b>		
6	Square numbers can only have _____ number of zeros at the end.	1	Analytical
7	Expressions are formed from variables and _____.	1	Informative
8	<b>Double bar graphs display _____ sets of data simultaneously.</b>	1	Informative
9	Zero has _____ reciprocal.	1	Informative
10	State the name of a regular polygon for the following: a) 4 sides                      b) 6 sides	2	Informative
11	Identify the terms, their coefficients for the following expression: $3 - pq + qr - rp$	2	Understanding
12	Find the square root of 3481 by Division method.	2	Evaluation
13	Write four rational numbers greater than -2.	2	Evaluation
14	Solve:    a) $5x + 9 = 5 + 3x$ b) $17 + 6p = 9$	2	Evaluation
15	When a die is thrown, list the outcomes of an event of getting a) a prime number                      b) not a prime number	2	Hot

<b>16</b>	Show that : $(a - b)(a + b) + (b - c)(b + c) + (c - a)(c + a) = 0$	<b>3</b>	Evaluation
<b>17</b>	The measures of two adjacent angles of a parallelogram are in the ratio 3:2. Find the measure of each of the angles of the parallelogram	<b>3</b>	Critical thinking and problem solving
<b>18</b>	Using $(x + a)(x + b) = x^2 + (a + b)x + ab$ , find $103 \times 98$	<b>3</b>	Interdisciplinary





**ARMY PUBLIC SCHOOL GWALIOR**  
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**REVISION WORKSHEET (SELF –ASSESSMENT)**

**Subject: Science**

**Assignment No. : 4**

**Allotment Date: 12 September 2023**

S. NO.	QUESTIONS	MARKS	NATURE
Q1.	Answer the following questions. I. Name male and female gametes. II. Name the gland that controls endocrine system. III. What is adolescence?	1x3=3	Information
Q2.	I. Why do boys have a hoarse voice at puberty? II. Why do we need balanced diet?	2x2=4	Understanding
Q3.	I. Is a woman responsible for the birth of a girl child? Explain. Why we should not take medicines or drugs unless prescribed by a doctor? III. John and Radha were classmates since childhood. When Radha became eleven years old, she developed a little swelling on her neck. She visited the doctor who started medication for her. After a few years, John also developed a slight protrusion on his throat. He got worried and went to the doctor. But, the doctor assured him that it was a normal feature in boys while they are growing up. Can you think of any reasons for the difference in diagnoses?	2x3=6	HOT
Q4.	I. Find out from your elder relatives about their awareness of the legal status of early marriage. You yourself may get information on it from your teacher, parents, a doctor or the internet. Write a two minute speech explaining why early marriage is not good for the couple. II. Draw a labeled diagram of male reproductive system.	3x2=6	Interdisciplinary
Q5.	In our country, according to 2011 census, there are 940 adolescent females for every 1000 males. Find out (a) the concerns of the community regarding this low ratio. Remember that the chance of having a boy or a girl is equal. (b) What amniocentesis is and how useful this technique is. Why is its use for identification of sex of the unborn	3x1=3	Analytical Skill

	child banned in India?		
Q6.	II. Put your ideas together and write a short note on the importance of knowing facts about reproduction. I	3x1=3	Critical Thinking and Problem Solving
Q7.	I. Write a short note on spreading of HIV/AIDS.	5x1=5	Communication Skills and Evaluation



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Subject: Social Science

Assignment No. : 4

Allotment Date: 12 September 2023

SECTION	QUESTIONS	MARKS	NATURE
A	<p>Fill in the blanks and rewrite the sentences.</p> <p>i. _____ is violation of law.</p> <p>ii. From the seeds of _____ and _____, the tribal extract oil to cook.</p> <p>iii. Deoni breed of cattle is generally found in_____.</p> <p>iv. The rights provided by constitution are called _____.</p> <p>v. Cultivation of grapes is called _____.</p>	5x1=5	Objective Type Question
B	<p>i. What do you understand by appellate system?</p> <p>ii. Write any two reasons for land degradation today.</p>	2x2=4	Very Short Question
C	<p>i. Who is the Prime Minister and What is the prime function of ministers selected by him from his party?</p> <p>ii. How did tribal groups reacted against the British Forest law?</p>	2x3=6	Short Question
D	<p>i. Why are ryots reluctant to grow Indigo? Or What problem did shifting cultivators Face under British rule?</p> <p>ii. How is nomadic herding is done ? Or Why is it essential to conserve wildlife? Give reasons.</p>	2x5=10	Long Question
E	<p>Look at the picture given below and answer the following questions:</p>	1x3=3	Case Based Question



- i. Under which resources category the above picture has been categorised?
- ii. How do wind fan generate energy?

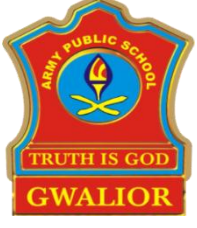
**F**

**On the political map of India, mark and locate the following:**

- i. National Park (Any One)
- ii. Area associated to Gond Tribe
- iii. Area associated with Indigo production
- iv. Any state where rice is grown

**4x.5=2**

**Map Based Question**




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**REVISION WORKSHEET (SELF –ASSESSMENT)**

Subject: Sanskrit

Assignment No. : 4

Allotment Date: 12 September 2023

S.NO.	QUESTIONS	MARKS	NATURE
1	<p>अधोलिखितम् अनुच्छेदं पठित्वा संस्कृतभाषायां प्रश्नान् उत्तरत- महर्षिः एकं सन्देशं दत्त्वा पुनः शिष्यं तत्र प्रेषितवान्। शिष्यः तत्र गत्वा अकथयत्- " अस्माकं स्वामी कथयति यत् भवतः अमृतवर्षया बहुशक्तिः नष्टा। पुनः अमृतवर्षायै शक्तिं प्राप्तुम् एतानि मधुराणि रसयुक्तानि फलानि स्वीकरोतु।" एतत् श्रुत्वा सः यात्री लज्जितः भूत्वा धावित्वा च महर्षेः समीपम् आगत्य पादयोः पतित्वा अकथयत्-" क्षमस्व महर्षे! क्षमस्व। अहम् अपराधी अस्मि । भवान् देवः। क्षमस्व । क्षमस्व।" इदं सर्वं दृष्ट्वा शिष्याः चकिताः आसन्।</p> <p>1. एकपदेन उत्तरत-1x2=2 (i) के चकिताः आसन्? (ii) कः लज्जितः अभवत्?</p> <p>2. पूर्णवाक्येन उत्तरत-1x1=1 i) शिष्यः तत्र गत्वा किं अकथयत्?</p> <p>III. विकल्पेभ्यः उचितम् उत्तरं चिनुत-1x1=1 (i) 'प्रेषितवान्' इति क्रियापदस्य किं कर्तृपदम् अत्र प्रयुक्तम्? (क) महर्षिः (ख) शिष्यम् (ग) संदेशम् (घ) तत्र</p>	(4)	Critical Thinking and Problem Solving
2	<p>अधोलिखित संवादं मञ्जूषायां प्रदत्त पदैः पूरयत - ( वदतु, अहं, वदिष्यति , भारते) शिक्षकः - छात्राः! ----- कति ऋतवः भवन्ति ? कः ----- ? दिनेशः - श्रीमान्! ----- वदामि । शिक्षकः - न, मोहनः ----- ।</p>	(4)	Communication skill
3	<p>चित्रं दृष्ट्वा मञ्जूषायां प्रदत्तपदानां साहाय्येन संस्कृते चत्वारि-</p>	(4)	Understanding

	<p>वाक्यानि रचयत- (सूर्यः, पर्वतः, वृक्षः, पतन्ति, चत्वारि, फलानि, कमलानि, उत्पतन्ति, उदयति, विकसन्ति, खगाः)</p> 		
4	<p>मित्रं सप्तकक्षायां प्रथमस्थानं प्राप्यर्थम् अधोलिखितं वर्धापन-पत्रं मञ्जूषातः उचितपदानि गृहीत्वा पत्रं पूरयत- (प्रथमस्थानं, प्रसन्नः, पत्रेण, आशासे, परिणामः)</p> <p>कमलानगरम्</p> <p>नवदिल्ली</p> <p>दिनाङ्कः 10-9- 2023</p> <p>प्रिय मित्र सुधीर, सप्रेम नमोनमः। अत्र कुशलं तत्र अस्तु। अद्य एव भवतः _____ ज्ञातः   यत् भवान् सप्तकक्षायां _____ प्राप्तवान्। एतद् ज्ञात्वा अहम् अति _____ अभवम्। अयं तु भवतः परिश्रमस्य एव _____ अस्ति। _____ भवान् अष्ट-कक्षायाम् अपि अधिकतरम् अङ्कान् प्राप्स्यति। गृहे सर्वेभ्यः नमोनमः। भवदीयः मित्रम्, मोहन</p>	5	Interdisciplinary
5	अधोलिखित मञ्जूषायां प्रदत्त पदैः पूरयत -	1x3=3	Thinking skill

	(पठन्ति, ग्रन्थम्, कथा । रामायणं अस्माकं पवित्रं _____ अस्ति। अस्मिन् ग्रन्थे श्रीरामस्य _____ वर्णिता। भारतदेशे अस्य महान् आदरो वर्तते। सर्वे जनाः एतं ग्रन्थं _____ ।		
6	<b>रेखांकित पदमाधृत्य प्रश्न निर्माणं कुरुत -</b> (क) - तस्य मूर्ध्नि तिष्ठन्ति वायसः । (ख) - क्षुधार्तः सिंहः कुत्रापि आहारं न प्राप्तवान् ।	1x2=2	Analytical Skill
7	<b>समानार्थकपदानि मेलयत -</b> (क) जगति वज्रात् (ख) कुलिशात् संसारे	1/2x1=1	Understanding
8	<b>निम्न अंकानां संस्कृतरूपाणि लिखत -</b> 22, 39	1x2=2	Information
9	<b>निम्नलिखितानां पदानां स्त्रीलिंगे रूपाणि लिखत -</b> (क) - इमम् (ख) - कः	1x2=2	Remembering
10	<b>निम्नपदानि आधृत्य वाक्यानि रचयत -</b> (क) - विना = ----- (ख) - अलम् = -----	1x2=2	Creative
11	<b>निम्नलिखितपदानां धातु, लकारं, पुरुषं वचनं च लिखत-</b> धातुः वचनम् (i) गच्छन्तु _____	1/2x2=1	Analytical



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**REVISION WORKSHEET (SELF –ASSESSMENT)**

**Subject: Computer**

**Assignment No. : 4**

**Allotment Date: 12 September 2023**

S.NO.	QUESTIONS	MARKS-10	NATURE
1	Choose and write the correct option (MCQ):-	0.5x5=2.5	Information
i)	____ Window display the fields for table we selected to apply query. a) Select query b) Show query c) Show table		
ii)	The selected data appears____ on the screen. a) Coloured b) Highlighted c) Grey		
iii)	The software that helps to enter and organize data in database is____. a) Access b) Excel c) Word		
iv)	The computer connected to the server is called _____. a) host b) Workstation c) Workgroup		



v)	The data type that is used for detailed and descriptive fields is _____.  a) Currency b) Long text c) Auto Number		
2	Fill in the blanks- a) Access database file extension is_____.  b) A _____is a computer system that relies on a server for all resources. c) _____ Form shows two parts. d) A query can be created using _____ view. e) _____are symbols that represent any character or combination of characters.	0.5x 5=2.5	Understanding
3.	Write 'T' for True and 'F' for False statements. a) SMTP is an email protocol. b) A row in a table is called field. c) Primary key field cannot be deleted in access.	0.5x3=1.5	Understanding
4.	<b>Answer the following questions:-</b> a) What do you understand by query? b) What do you mean by report? c) What is the use of toggle filter option? d) What is the use of Microsoft Access? e) What is the use of Find and Replace feature in MS-Access? f) What is a computer network?	0.5 x 7=3.5	Evaluation



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**REVISION WORKSHEET (SELF –ASSESSMENT)**

Subject: G.K

Assignment No. : 4

Allotment Date: 12 September 2023

S.NO.	QUESTIONS	MARKS	NATURE
Q1.	It is a fish that inflates its body in a bid to scare away its predator, and also making it tough for the predator to swallow it. This self defence mechanism is good for warding off predator, however, it can be fatal for it also. _____.	1x2=2	Information
Q2.	It is a pair of glasses developed specifically for dyslexic children. It integrates high performance electrochromic lenses allowing the precise modulation of light needed for faster and clearer reading. _____		
Q3.	Which is the first company to produce vaccine for children against COVID-19? <ol style="list-style-type: none"><li>1. Pfizer</li><li>2. Moderna</li><li>3. AstraZeneca</li><li>4. Johnson and Johnson</li></ol>	1x2=2	Learning
Q4.	The number of cubical ice pieces of side 3cm that can be cut from a cube of side 9 cm is <ol style="list-style-type: none"><li>1. 16</li></ol>		

	<p>2. 26 3. 27 4. 28</p>		
<p>Q5.</p>	<p>It is said to have originated in Gujarat. It is a colourful and vibrant folk theatre form admired by people everywhere. It is also performed as a ritual for Goddess Amba _____.</p>	1x2=2	Knowledge based
<p>Q6</p>	<p>First Indian film with flashback. _____</p>		
<p>Q7.</p>	<p>This basketball player of United States is famous all across the world. He is a six time NBA champion and five time NBA Most valuable player. He was named the greatest athlete of the 20th century by ESPN. _____</p>	1x2=2	Analysis
<p>Q8.</p>	<p>The supreme court of India came into existence on _____</p>		

<p>Q9.</p> <p>Q10.</p>	<p>Located in Osaka Japan, this airport consists of two terminals handling around 27 million passengers per day _____</p> <p>This lady flying officer became the first Indian woman fighter pilot to fly solo. She flew the MiG-21 Bison , an aircraft known to have the highest take off and landing speed in the world at 340kph. _____</p>	<p>1x2=2</p>	<p>Evaluation</p>
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**ARMY PUBLIC SCHOOL GWALIOR**  
**CLASS - VIII**  
**ACADEMIC SESSION 2023-24**  
**REVISION WORKSHEET (SELF –ASSESSMENT)**

Subject: ATL

Assignment No. : 4

Allotment Date: 12 September 2023

S. NO.	QUESTIONS	MARKS	NATURE
1.	Choose the correct answer.		
A)	What is true about Data Visualization?  a. Data Visualization is used to communicate information clearly and efficiently to users by the usage of information graphics such as tables and charts. b. Data Visualization helps users in analyzing a large amount of data in a simpler way. c. Data Visualization makes complex data more accessible, understandable, and usable. d. All of the above	1	Understanding
B)	Which are pros of data visualization?  a. It can be accessed quickly by a wider audience. b. It can misrepresent information c. It can be distracting d. None Of the above	1	Understanding
C)	Data can be visualized using?  a. graphs b. charts c. maps d. All of the above	1	Understanding
D)	Which are cons of data visualization?  a. It conveys a lot of information in a small space. b. It makes your report more visually appealing. c. visual data is distorted or excessively used. d. None Of the above	1	Understanding

<b>2.</b>	<b>State whether these statements are true or false.</b>		
<b>A)</b>	Data visualization decrease the insights and take slower decisions?	<b>1</b>	<b>Analytical Thinking</b>
<b>B)</b>	Healthcare professionals frequently use choropleth maps to visualize important health data?	<b>1</b>	<b>Understanding</b>
<b>C)</b>	The pictorial form of representing the data in Excel is called Charts.	<b>1</b>	<b>Understanding</b>
<b>3.</b>	<b>Fill in the blanks.</b>		
<b>A)</b>	_____ is one type of chart that shows the data in tabular form or in column pattern.	<b>1</b>	<b>Understanding</b>
<b>B)</b>	_____ is round in shape and is been cutted into slices.	<b>1</b>	<b>Understanding</b>
<b>C)</b>	The basic unit of a worksheet into which you enter data in Excel is called a _____.	<b>1</b>	<b>Understanding</b>





**ARMY PUBLIC SCHOOL GWALIOR**  
**CLASS - VIII**  
**ACADEMIC SESSION 2023-24**  
**REVISION WORKSHEET (SELF –ASSESSMENT)**

Subject: Music

Assignment No. : 4

Allotment Date: 12 September 2023

S. NO.	QUESTIONS	MARKS	NATURE
1	How many beats (matra) in Rupak taal? A) 10 B) 6	1	Informative
2	How many tali in Rupak taal? A) 3 B) 1	1	Informative
3	How many khali in Rupak taal ? A) 1 B) 3	1	Informative
4	How many vibhag in Rupak taal? A) 3 B) 2	1	Informative
5	How many types of mudras? A) 1 B) 2	1	Informative
6.	Joint hand gesture is made with how many hands? A) 1 B) 2	1	Informative
7.	What is the posture made with both hands called? A) Sanyukta mudra B) Asanyukta mudra	1	Informative
8.	How many numbers of Sanyukta hasta mudra have? A)28 B)23	1	Informative
9,	What is the gesture made with one hand called?	1	Informative

	A) Sanyukta mudra B) Asanyukta mudra		
10.	<p>Which of these is called joint hand posture?</p> <p>A) </p> <p>B) </p>	1	Informative





**ARMY PUBLIC SCHOOL GWALIOR**  
**CLASS - VIII**  
**ACADEMIC SESSION 2023-24**  
**REVISION WORKSHEET (SELF –ASSESSMENT)**

**Subject: Art and Work Education**  
**Allotment Date: 12 September 2023**

**Assignment No. : 4**

S. No.	QUESTIONS	MARKS	NATURE
1	What is the charcol method of drawing?	2	Informative
2	What are the benefits of charcoal drawing?	2	Informative
3	What are the different types of charcoal shading?	2	Understanding
4	What is mandala art for?	2	Informative
5	What are the 3 types of mandala?	2	Understanding



**ARMY PUBLIC SCHOOL GWALIOR  
CLASS - VIII**



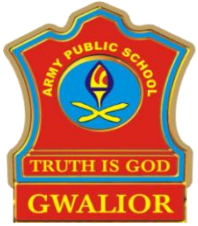
**ACADEMIC SESSION 2023-24  
REVISION WORKSHEET (SELF –ASSESSMENT)**

**Subject: Health and Physical Education  
Allotment Date: 12 September 2023**

**Assignment No. : 4**

<b>S.NO</b>	<b>QUESTIONS</b>	<b>MARKS</b>	<b>SKILLS/ COMPETENCIES</b>
<b>1.</b>	<p><b>Tick The Correct Answer</b></p> <p>Q-1 Full form of AIFF IS?</p> <p>a. ALL INDIA FOOTBALL FEDERATION b. ALL INDIA FOOTBALL FAN c. AMAZING FOOTBALL FEDERATION d. ALL INDIA FIT FOOT</p> <p>Q-2 Dimension of Football field is ?</p> <p>a.Square b Triangle c.Rectangular d. Circle</p> <p>Q-3 What is the length of Touch line?</p> <p>a.45M b.50M c.80M d.110M</p> <p>Q-4 What is the width of End line ?</p> <p>a. 30M b. 40M c. 60M d. 75M</p>	<b>4</b>	<b>INFORMATION</b>
<b>2</b>	<p><b><u>Fill in the blanks</u></b></p> <p>Q-5 _____ is the colour of Indian football team?</p>	<b>3</b>	

	<p>a) red b) blue c) green d) black</p> <p>Q-6- _____ penalties taken in penalty shoot-out?</p> <p>a) 12 b) 4 c) 5 d) 6</p> <p>Q-7 what is the usual time allowed for half time interval in football?</p> <p>a) 10 min b) 15 min c) 1 hour d) 45 min</p>		<p><b>Knowledge</b></p>
<p><b>3</b></p>	<p><b><u>True False</u></b></p> <p>Q-08-Football can be play in rain?</p> <p>C) True D) False</p> <p>Q-9- There are 17 Lawa of football ?</p> <p><b>A.</b> True <b>B.</b> False</p> <p>Q-10 There are three touch line in football ?</p> <p>C) True D) False</p>	<p><b>3</b></p>	



**ARMY PUBLIC SCHOOL GWALIOR**  
**CLASS - VIII**  
**ACADEMIC SESSION 2023-24**  
**REVISION WORKSHEET (SELF –ASSESSMENT)**

**Subject: Karate**

**Assignment No. : 4**

**Allotment Date: 12 September 2023**

S.N	QUESTIONS	M.M -10
1.	<p><b>MULTIPLE CHOICE QUESTION</b></p> <p>What is the meaning of bunkai?</p> <ul style="list-style-type: none"><li>A. Combination of offence &amp; defense techniques</li><li>B. Offence techniques</li><li>C. Zenkotsudachi</li><li>D. Niquashi dachi</li></ul>	
2.	<p>How many parts in Bunkai ?</p> <ul style="list-style-type: none"><li>A. 1</li><li>B. 2</li><li>C. 3</li><li>D. 4</li></ul>	
3.	<p>What is the Japanese name of attention position in karate ?</p> <ul style="list-style-type: none"><li>A. Niquashi dachi</li><li>B. Heikodachi</li><li>C. Zenkotsudachi</li><li>D. None of these</li></ul>	
4.	<p>What is the japeese name of reverse punch ?</p> <ul style="list-style-type: none"><li>A. Chudan mae gari</li><li>B. Gyaku tsuki</li><li>C. Gyaku uke</li><li>D. Gari</li></ul>	
5	<p><b>FILL IN THE BLANKS</b></p> <p>..... is the Japanese name of punch(Uke,Tsuki)</p>	

6.	Bunkai has two part offence and .....(kumite and defence)
7.	..... score get by gyaku tsuki (1,2)
<b>TRUE AND FALSE</b>	
8.	Bunkai is combination of deffence.
9.	The way of fight with empty hands is the meaning of karate.
10.	Gyaku tsuki is the japaneese name of face kick..



**ARMY PUBLIC SCHOOL GWALIOR**  
**CLASS - VIII**  
**ACADEMIC SESSION 2023-24**  
**REVISION WORKSHEET (SELF –ASSESSMENT)**

**Subject: Yoga**

**Assignment No. : 4**

**Allotment Date: 12 September 2023**

<b>QUESTIONS</b>	<b>MARKS</b>	<b>SKILLS</b>
<p><b>Fill in the blanks</b></p> <p>1] Vishnu Mudra is made by _____hand. [left/right].</p> <p>2] Anolom Vilom is _____ exercise .[Physical/ Breathing].</p> <p>3] Anolom Vilom is done on counts of _____and _____ [ 4,6/ 4,8]</p>	<p>3X1=3</p>	<p>INFORMATIVE</p>
<p><b><u>True and False:</u></b></p> <p>1. Anolom Vilom can be done multiple times in a day.</p> <p>2. Anolom Vilom helps in reducing high heart rate.</p> <p>3. Anolom Vilom can be done in any body posture.</p>	<p>3X1=3</p>	<p>CRITICAL  THINKING</p>

<p><b>Multiple Choice Questions:</b></p> <p>1] Meaning of Anolom is? A] Against the Natural direction B] In the Natural direction C] Reverse order D] Non-of-these</p> <p>2] Anolom Vilom is the process of? A] Inhalation B] Exhalation C] Both D] None of these</p> <p>3] Anolom Vilom is preferably done? A] Filled stomach B] Empty stomach C] All of these</p> <p>4] Anolom Vilom should not be done by? A] Kids B] Runners C] Pregnant Ladies D] None of the above</p>	4X1=4	ANALYTICAL  THINKING
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