

**ARMY PUBLIC SCHOOL GWALIOR**  
**CLASS - VIII**  
**ACADEMIC SESSION 2024-25**  
**REVISION WORKSHEET (SELF –ASSESSMENT)**

**Subject: English**

**Assignment No. : 4**

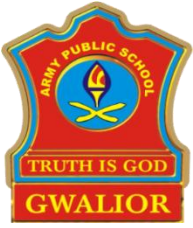
**Allotment Date: 12 September 2024**

S. No.	QUESTIONS	MARKS	NATURE
1	<p><b>Read the Passage carefully</b></p> <p>Maya carefully planted the tiny seeds in the garden bed, spacing them just as her grandmother had shown her. She loved spending time in the garden, especially when the sun was shining and the birds were singing. This year, Maya was excited because she was growing tomatoes for the first time. Every morning, she would water the garden and check on the plants to see if they had sprouted.</p> <p>Weeks passed, and one morning, Maya noticed small green shoots poking out of the soil. She was thrilled! As the plants grew taller, she gently tied them to small wooden stakes to help them stand upright. Her grandmother explained that the plants needed support to grow strong and produce fruit.</p> <p>One day, after several months of care, Maya saw the first tiny green tomatoes appearing on the vines. She couldn't wait for them to ripen. When the tomatoes finally turned red and were ready to be picked, Maya proudly brought them to the kitchen, excited to share the fruits of her labor with her family.</p> <p><b>Answer the following questions by choosing the correct option:</b></p> <p>1. What was Maya planting in the garden?</p> <p>a) Carrots b) Flowers c) Tomatoes d) Peppers</p> <p>2. Who showed Maya how to plant the seeds?</p> <p>a) Her mother b) Her teacher</p>	5 Marks	Informative & understanding

	<p>c) Her grandmother d) Her friend</p> <p>3. Why did Maya tie the plants to wooden stakes? a) To decorate the garden b) To help them stand upright and grow strong c) To keep the animals away d) To stop the plants from growing</p> <p>4. How did Maya feel when she saw the first green shoots? a) Disappointed b) Thrilled c) Worried d) Angry</p> <p>5. What did Maya do when the tomatoes were finally ripe? a) She ate them all by herself b) She gave them to her neighbors c) She brought them to the kitchen to share with her family d) She left them in the garden</p>		
2	<p><b>Read the passage carefully</b></p> <p><b><u>The Importance of Clean Water</u></b></p> <p>In the small village of Lakshmipur, the residents faced a significant challenge: access to clean drinking water. The village was situated near a river, but the water from the river was not safe to drink because it was often contaminated with harmful bacteria and pollutants. Most of the villagers relied on this river water for their daily needs, including drinking, cooking, and washing. As a result, many people in the village suffered from waterborne diseases such as diarrhea, cholera, and dysentery.</p> <p>Recognizing the urgency of the situation, a non-governmental organization (NGO) called "Water for All" decided to step in. The NGO collaborated with the local government and the villagers to install water purification systems in the village. They built a filtration plant near the river, which would purify the water before it reached the villagers' homes. The filtration system used sand and gravel to filter out large particles and activated charcoal to remove harmful chemicals. Additionally, the water was treated with chlorine to kill any remaining bacteria.</p> <p>The project took several months to complete, but once it was done, the villagers noticed an immediate improvement in their health. Cases of</p>	5 Marks	Understanding and Problem Solving

	<p>waterborne diseases decreased significantly, and the villagers no longer had to worry about the safety of their drinking water. The village children, who had often missed school due to illness, were now able to attend regularly. The villagers were grateful for the clean water and took responsibility for maintaining the filtration plant to ensure it continued functioning properly.</p> <p>This case study highlights the importance of access to clean water and the positive impact it can have on the health and well-being of a community. Clean water is a basic human need, and ensuring that everyone has access to it is essential for preventing diseases and promoting a healthy society.</p> <p><b>Answer the following questions by choosing the correct option:</b></p> <ol style="list-style-type: none"> <li>1. What was the primary source of water for the villagers of Lakshmipur?       <ol style="list-style-type: none"> <li>a) A well</li> <li>b) The river</li> <li>c) Rainwater</li> <li>d) Bottled water</li> </ol> </li> <li>2. Why was the river water unsafe for drinking?       <ol style="list-style-type: none"> <li>a) It was too salty</li> <li>b) It was too cold</li> <li>c) It was contaminated with harmful bacteria and pollutants</li> <li>d) It had a bad odor</li> </ol> </li> <li>3. Which organization helped the village of Lakshmipur solve its water problem?       <ol style="list-style-type: none"> <li>a) United Nations</li> <li>b) Water for All (NGO)</li> <li>c) World Health Organization</li> <li>d) Save the Children</li> </ol> </li> <li>4. What type of system was installed to purify the water?       <ol style="list-style-type: none"> <li>a) A desalination plant</li> <li>b) A filtration plant</li> <li>c) A water softener</li> <li>d) A boiling system</li> </ol> </li> <li>5. What materials were used in the filtration system to clean the water?       <ol style="list-style-type: none"> <li>a) Cotton and wool</li> <li>b) Sand, gravel, and activated charcoal</li> <li>c) Plastic filters and metal mesh</li> <li>d) Salt and sugar</li> </ol> </li> </ol>		
3	<p>Imagine you are a student who has just returned home after your first day at a new school. Write a diary entry describing your experience. Include your thoughts and feelings about meeting new</p>	5 Marks	Communication Skills

	classmates, your impressions of the teachers, and how you felt throughout the day.		
4	<p><b>Choose the correct verb form from those in brackets:</b></p> <ol style="list-style-type: none"> <li>1. She usually _____ (go) to school by bus, but today she _____ (walk) because the weather was nice.</li> <li>2. They _____ (finish) their homework before they _____ (watch) TV last night.</li> <li>3. By the time we _____ (arrive) at the party, most of the guests _____ (leave).</li> <li>4. I _____ (read) this book for two hours, and I still _____ (not finish) it.</li> </ol>	½*4=2 Marks	Analytical Skill
5	<p><b><u>Fill in the blanks with suitable modals:</u></b></p> <ol style="list-style-type: none"> <li>1. You _____ wear a helmet when riding a bike for your safety.</li> <li>2. We _____ finish this project by tomorrow, or we'll miss the deadline.</li> </ol>	2*1=4 Marks	Interdisciplinary
6	<p><b><u>Short answer type questions:</u></b></p> <ol style="list-style-type: none"> <li>1. How did the British exploit Indian farmers and weavers during the colonial period?</li> <li>2. What led Bepin Babu to believe that he was suffering from memory loss? How did this affect him emotionally?</li> <li>3. What was Hafeez Contractor's attitude towards studies during his school days? How did he eventually discover his true talent?</li> </ol>	3x2 = 6 Marks	Evaluation
7	Discuss the transformation of the Giant in <i>The Selfish Giant</i> . How does his interaction with the children change him, and what lesson does the story convey about kindness and selflessness?	3 Marks	HOT



**ARMY PUBLIC SCHOOL GWALIOR  
CLASS - VIII**

**ACADEMIC SESSION 2024-25  
REVISION WORKSHEET (SELF –ASSESSMENT)**

Subject: Mathematics

Assignment No. : 4

Allotment Date: 12 September 2024

S. NO.	QUESTIONS	MARKS	NATURE
1	<b>The multiplicative identity of rational numbers is:</b> A) 0                      B) 1                      C) 2                      D) -1	1	Understanding
2	<b>What should be added to <math>-7/3</math> to get <math>3/7</math>?</b> A) $21/58$ B) $58/21$ C) $47/21$ D) $50/21$	1	Evaluation
3	The unit digit of cube of 24314 is A) 8                      B) 6                      C) 3                      D) 4	1	Informative
4	How many diagonals does a triangle have ? A) 0                      B) 1                      C) 2                      D) 4	1	Understanding
5	A perfect square number between 30 and 40 is A) 36                      B) 32                      C) 33                      D) 39	1	Evaluation
6	Square numbers can only have _____ number of zeros at the end.	1	Analytical
7	Expressions are formed from variables and _____.	1	Informative
8	<b>Double bar graphs display _____ sets of data simultaneously.</b>	1	Informative
9	Zero has _____ reciprocal.	1	Informative

10	State the name of a regular polygon for the following: a) 4 sides                                      b) 6 sides	2	Informative
11	Explain why a square is a rhombus.	2	Understanding
12	Find the square root of 3481 by Division method.	2	Evaluation
13	Write three rational numbers greater than -2.	3	Evaluation
14	Solve:    a) $5x + 9 = 5 + 3x$ b) $17 + 6p = 9$	3	Evaluation
15	When a die is thrown, list the outcomes and find probability of an event of getting  a) a prime number  b) not a prime number	4	Hot
16	Show that :  $(a - b)(a + b) + (b - c)(b + c) + (c - a)(c + a) = 0$	5	Evaluation



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**REVISION WORKSHEET (SELF –ASSESSMENT)**

Subject: Hindi

Assignment No. : 4

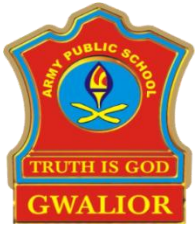
Allotment Date: 12 September 2024

क्रम सं.	प्रश्न	अंक	प्रकृति
1.	निम्नलिखित शब्दों का अर्थ लिखिए- सौरभ ,धर्मभीरू, आलम, बियाबान, ढांडस, मुंगरी, आंकना, वस्तु-विनिमय, पैतृक, मचिया	5	सूचनात्मक संचार कौशल (Informative Communication Skills)
2.	निम्नलिखित प्रश्नों के उत्तर दीजिए- क) चिड़िया चोंच में तिनका दबाकर उड़ने की तैयारी में क्यों है? ख) “आदर्श की बातें करना तो आसान है पर चलना बहुत कठिन” तर्क सहित उत्तर दीजिए। ग) लेखक ने लेख का शीर्षक ‘क्या निराश हुआ जाए’ क्यों रखा होगा ? क्या आप इसे भी बेहतर शीर्षक सुझा सकते हैं?	6	गंभीर सोच और समस्या समाधान (Critical Thinking and Problem Solving)
3.	निम्नलिखित प्रश्नों के उत्तर दीजिए। क) संज्ञा के कितने भेद हैं? i) तीन ii) चार ii) पांच iv) छह  ख) सर्वनाम के कितने भेद हैं? i) दो ii) आठ	5	अंतःविषयी (Interdisciplinary)

	<p>iii) पांच                      iv) छह</p> <p>ग) 'राजा' का स्त्रीलिंग क्या है?</p> <p>i) राजकुमारी              iii) बेगम</p> <p>ii) रानी                      iv) राजी</p> <p>घ) 'संबोधन' कारक की विभक्ति क्या है?</p> <p>i) से                      iii) ने</p> <p>ii) हे,अरे!              iv) का, के, की</p> <p>ङ) 'सेना' किस संज्ञा का उदाहरण है?</p> <p>i) व्यक्तिवाचक              iii) भाववाचक</p> <p>ii) समूहवाचक              iv) द्रव्यवाचक</p>		
4.	<p>निम्नलिखित विषयों में से किसी एक विषय पर पत्र लिखिए।</p> <p>(i)</p> <p>अपने विद्यालय में कंप्यूटर की अतिरिक्त कक्षा के लिए प्रधानाचार्य को पत्र।</p> <p>अथवा</p> <p>iii) अपने मित्र को ग्रीष्म अवकाश में अपने घर आमंत्रित करने के लिए पत्र लिखिए।</p>	4	समझ (Understanding)
5.	<p>निम्नलिखित विषयों में से किसी एक विषय पर 80 से 100 शब्दों का एक अनुच्छेद लिखिए।</p> <p>i) दीपावली</p> <p>ii) पर्यावरण स्वच्छता</p>	5	मूल्यांकन (Evaluation)
6.	<p>क) कुषाण कौन थे ?उनका प्रमुख शासक कौन था?</p> <p>ख)। आर्य कौन थे ? वह भारत कब आए थे?</p>	5	विश्लेषणात्मक (Analytical)



	<p>ग)। दक्षिण भारत किस लिए प्रसिद्ध था ?</p> <p>घ)। गुप्तकाल को भारत का 'स्वर्णयुग' क्यों कहा जाता है?</p> <p>ड)। उपनिषद क्या है ?</p>		
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**ARMY PUBLIC SCHOOL GWALIOR**  
**CLASS - VIII**  
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**REVISION WORKSHEET (SELF –ASSESSMENT)**

Subject: Social Science

Assignment No. : 4

Allotment Date: 12 September 2024

Section	QUESTIONS	MARKS	NATURE
A	<p><b>Fill in blanks and rewrite the sentences</b></p> <p>i.) The British described the tribal people as..... ii.)The method of sowing seeds in jhum cultivation is known as..... iii.)The members of Rajya Sabha are known as _____. iv.)The Rajya Sabha is also known as the council of _____. v)Climate factors influencing rate of weathering include and .....</p>	5×1=5	Objective Types  Questions
B	<p>6.)Define water water harvesting. 7.)According to the amendment of the US constitution. 8.)what does it prohibits ? 8.)What are the two main system of Indigo cultivation?</p>	3×2=6	Very Short Answer Type Questions
C	<p>9.)How do you think the right to constitutional remedy connect to the idea of judicial review 10.)Define cultural and educational rights. What are the three drawbacks of nij cultivation? Or How were traders and money lenders cause of tribal misery? 11)Why is land considered an important resource? Or What is plantation agriculture?</p>	3×3=9	Short Answer Type Questions
D	<p><b>12.)Write some principles of sustainable development.</b> Or <b>Write short notes on wildlife .</b> 13.)What were the circumstances which led to the eventual collapse of Indigo ? Or <b>In what ways was the Birsa movement significant ?</b> 14.)Write five principles of sustainable development.</p>	3×5=15	Long Answer Type Questions

E	<p><b>15.)Read the extract carefully and answer the questions</b></p> <p>In a small village in Tanzania, Africa, Mamba gets up very early in the morning to fetch water. She has to walk a long way and returns after a few hours. She then helps her mother in the house and joins her brothers in taking care of their goats. All her family owns is a piece of rocky land around their small hut. Mamba's father can barely grow some maize and beans on it after toiling hard. This is not enough to feed their family for the whole year. Peter lives in the heart of the sheep rearing region in New Zealand where his family runs a wool processing factory. Everyday when he returns from school, Peter watches his uncle taking care of their sheep. Their sheep yard is situated on a wide grassy plain with hills in the far distance. It is managed in a scientific way using the latest technology. Peter's family also grows vegetables through organic farming. Mamba and Peter stay in two different parts of the world and lead very different lives. This difference is because of the differences in the quality of land, soil, water, natural vegetation, animals and the usage of technology. The availability of such resources is the main reason places differ from each other.</p> <p><b>i.)Why does Mamba get up very early in the morning?</b>  <b>ii.)Where does Peter live in?</b>  <b>iii.)Where Peter's sheep yard is situated</b></p>	3×1=3	Case study based questions
F	<p><b>16.) On the political map of India mark and locate the following</b></p> <p><b>I.) Maharashtra</b>  <b>ii.) Andhra Pradesh</b>  <b>iii.) State associate to Kalamkari print</b>  <b>iv.) State associate to Munda tribes</b></p>	4×0.5=2	Map Based Question



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Subject: Science

Assignment No. : 4

Allotment Date: 12 September 2024

S.NO.	QUESTIONS	MARKS	NATURE
Q1	Answer the following questions.  i. What is the full form of AIDS.  ii. Name the gas used to control fire.	1x2=2	Information
Q2	i. State two characteristic features of coke.  ii. What is meant by deforestation?	2X2 =4	Understanding
Q3	i. What will happen if we replace regular meals with chips and tinned food?	1x4=4	HOT
Q4	i. What is the role of thyroxine in metamorphosis?  ii. Define the following terms:  a. Ecosystem b. Biosphere reserve	3x2=6	Interdisciplinary

Q5	<b>i.</b> What do you understand about the term asexual reproduction? Discuss its types.	3x3=9	Analytical Skill
	<b>ii.</b> Why is petroleum also called as “black gold”?		Critical Thinking and Problem Solving
	<b>iii.</b> What are the causes and consequences of deforestation?		Evaluation
Q 6.	<b>i.</b> State any five uses and three harmful impacts of microorganism	1x5=5	Communication Skills



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**ACADEMIC SESSION 2024-25**

**REVISION WORKSHEET (SELF –ASSESSMENT)**

**Subject: Sanskrit**

**Assignment No. : 4**

**Allotment Date: 12 September 2024**

S.NO.	QUESTIONS	MARKS	NATURE
1	<p>मातरम् प्रति लिखितं पत्रं मञ्जूषा सहायतया पूर्यत -  ( अभिनयम् ,सर्वेभ्यः, मुख्यातिथिः , अध्ययनम्, वार्षिकोत्सवः )  ग्वालियर नगरात्  10/9/2024</p> <p>पूजनीयाःमातृचरणाः !  नमोनमः। अत्र कुशलं तत्रास्तु । मम विद्यालये ----- आसीत् ।  तत्र अहं एकं ----- कृतवान् । मुख्यमंत्री महोदयः -----  रूपेण आगतवान् । मम ----- सम्यक् चलति। गृहे -----  नमोनमः ।</p> <p>भवदीयः  राकेशः</p>	(5)	Information
2	<p>अधोलिखित संवादं मञ्जूषायां प्रदत्त पदैः पूर्यत -  ( ऋतवः, वदतु, अहं, वदिष्यति , भारते)  शिक्षकः - छात्राः! ----- कति ऋतवः भवन्ति ? कः ----- ?  दिनेशः - श्रीमान्! ----- वदामि ।  शिक्षकः - न, मोहनः ----- ।  मोहनः - भारते षट् ----- भवन्ति ।</p>	(5)	Understanding
3	<p>रेखांकित पदमाधृत्य प्रश्न निर्माणं कुरुत -</p> <p>(क) - तस्य मूर्ध्नि तिष्ठन्ति वायसः ।  (ख) - क्षुधार्तः सिंहः कुत्रापि आहारं न प्राप्तवान् ।  (ग) - भोजपत्रोपरि लेखनम् आरब्धम् ।  (घ) - व्याधरु नद्याः जलेन व्याघ्रस्य पिपासामशमयत् ।  (ङ) - सर्वकारस्य घोषणा अस्ति ।</p>	(5)	Interdisciplinary
4	<p>(क) जगति वज्रात्  (ख) कुलिशात् नेत्रेण</p>	(5)	Analytical Skill

	(ग) प्रकृति संसारे (घ) चक्षुषा नदी (ङ) तटिनी स्वभावः	समानार्थकपदा नि मेलयत -	
5	(क) - कारक कारकचिह्नानि च लिखत। कस्य कारकस्य कस्मिन् विभक्तौ प्रयोगः भवति? एतदपि लिखत। ( कारक व कारक चिह्न लिखिए। किस कारक का किस विभक्ति में प्रयोग होता है? यह भी बताइए।)	(5)	Critical Thinking and Problem Solving
6	निम्नलिखितपदानां वाक्यप्रयोगं कुरुत - (क) -विना (ख) - बहिः (ग) - उभयतः (घ) - अनन्तरं (ङ) - सह	(5)	Evaluation





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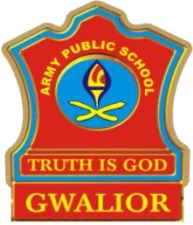
Subject: Computer

Assignment No. : 4

Allotment Date: 12 September 2024

S.NO.	QUESTIONS	MARKS-10	NATURE
1	<b>Choose and write the correct option (MCQ):-</b>	0.5x5=2.5	Information
i)	_____ Window display the fields for table we selected to apply query.  a) Select query  b) Show query  c) Show table		
ii)	The selected data appears_____ on the screen.  a) Coloured b) Highlighted c) Grey		
iii)	The software that helps to enter and organize data in database is_____.  a) Access		
iv)	The computer connected to the server is called _____.  a) host b) Workstation c) Workgroup		
v)	The special wildcard for query provided by access are_____.  a) * and / b) * and ? c) + and ?.		

2	<p><b>Fill in the blanks-</b></p> <p>a) Access database file extension is_____.</p> <p>b) A _____ is a computer system that relies on a server for all resources.</p> <p>c) _____ Form shows two parts.</p> <p>d) A query can be created using _____ view.</p> <p>e) _____are symbols that represent any character or combination of characters.</p>	0.5x 5=2.5	Understanding
3.	<p><b>Write 'T' for True and 'F' for False statements.</b></p> <p>a) SMTP is an email protocol.</p> <p>b) A row in a table is called field.</p> <p>c) Primary key field cannot be deleted in access.</p>	0.5x3=1.5	Understanding
4.	<p><b>Answer the following questions:-</b></p> <p>a) What do you understand by query?</p> <p>b) What do you mean by report?</p> <p>c) What is the use of toggle filter option?</p> <p>d) What is the use of Microsoft Access?</p> <p>e) What is the use of Find and Replace feature in MS-Access?</p> <p>f) What is a computer network?</p>	0.5 x 7=3.5	Evaluation



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**Subject: Work Education**

**Assignment No. : 4**

**Allotment Date: 12 September 2024**

<b>S. No.</b>	<b>QUESTIONS</b>	<b>MARKS</b>	<b>NATURE</b>
1	What is the charcol method of drawing?	2	Informative
2	What are the benefits of charcoal drawing?	2	Informative
3	What are the different types of charcoal shading?	2	Understanding
4	What is mandala art for?	2	Informative
5	What are the 3 types of mandala?	2	Understanding



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**Subject: Health and Physical Education  
Allotment Date: 12 September 2024**

**Assignment No. : 4**

S.NO	QUESTIONS	MARKS	SKILLS/ COMPETENCIES
1.	<p><b>Tick The Correct Answer</b></p> <p>Q-1- What is the weight of football?</p> <p>a.410gm to 450gm</p> <p>b.310gm to 350gm</p> <p>c.510gm to 550gm</p> <p>d.350gm to 400gm</p> <p>Q-2 Who won the 2018 football cup?</p> <p>a.Brazil</p> <p>b.Portugal</p> <p>c.France</p> <p>d.Argentina</p> <p>Q-3- What colour cards do referee carry in a football match?</p>	4	<b>INFORMATIVE</b>

	<p>a.Red and orange</p> <p>b.Yellow and blue</p> <p>c.Red and yellow</p> <p>d.Green and blue</p> <p>Q-4- What is the time duration of football match?</p> <p>a.80 minutes</p> <p>b.90 minutes</p> <p>c.70 minutes</p> <p>d.95 minutes</p>		
<b>2</b>	<p><b><u>Fill in the blanks</u></b></p> <p>Q-5- Football world cup 2022 organised by _____ (Qatar,france)</p> <p>Q-6 Penalty area is_____ far away from the touch line.(18yard,20 yard)</p> <p>Q-7 _____ won the most football world cup title.( Argentina,Brazil)</p>	<b>3</b>	<b>INTERDISCIPLINARY</b>
<b>3</b>	<p><b><u>True False</u></b></p> <p>Q-8- 12 players from each team allowed to play at a time?</p>	<b>3</b>	<b>UNDERSTANDING</b>

- A.** True
- B.** False

Q-9 Portugal won their world cup title in 2014?

- A.** True
- B.** False

Q-10- Cristiano ronaldo plays for Portugal?

- A.** True
- B.** False



**ARMY PUBLIC SCHOOL GWALIOR**  
**CLASS - VIII**  
**ACADEMIC SESSION 2024-25**  
**REVISION WORKSHEET (SELF –ASSESSMENT)**

**Subject: Yoga**

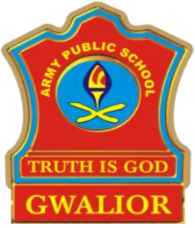
**Assignment No. : 4**

**Allotment Date: 12 September 2024**

<b>QUESTIONS</b>	<b>MARKS</b>	<b>SKILLS</b>
<p><b>Fill in the blanks</b></p> <ol style="list-style-type: none"><li>1. Anolam Vilom Pranayama involves alternating the flow of breath through the _____ and _____ nostrils.</li><li>2. The technique involves _____, _____, and _____.</li><li>3. Anolam Vilom Pranayama can help to improve _____ and _____.</li></ol>	3X1=3	INFORMATIVE
<p><b><u>True and False:</u></b></p> <ol style="list-style-type: none"><li>1. Anolam Vilom Pranayama is a complex breathing technique.</li><li>2. It is important to maintain a comfortable posture while practicing Anolam Vilom Pranayama.</li><li>3. Anolam Vilom Pranayama can help to improve sleep quality.</li></ol>	3X1=3	CRITICAL  THINKING

<p><b>Multiple Choice Questions:</b></p> <ol style="list-style-type: none"><li>1. Anolam Vilom Pranayama is a type of:<ol style="list-style-type: none"><li>a) Meditation</li><li>b) Yoga pose</li><li>c) Pranayama</li><li>d) Asana</li></ol></li><li>2. Which nostril do you start with in Anolam Vilom Pranayama?<ol style="list-style-type: none"><li>a) Left</li><li>b) Right</li><li>c) Both</li><li>d) Neither</li></ol></li><li>3. What is the purpose of holding your breath after inhaling in Anolam Vilom Pranayama?<ol style="list-style-type: none"><li>a) To increase lung capacity</li><li>b) To balance the energy flow</li><li>c) To improve focus</li><li>d) To strengthen the muscles</li></ol></li><li>4. Anolam Vilom Pranayama can help to:<ol style="list-style-type: none"><li>a) Reduce stress</li><li>b) Improve digestion</li><li>c) Increase flexibility</li><li>d) All of the above</li></ol></li></ol>	4X1=4	ANALYTICAL  THINKING
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**CLASS - VIII**  
**ACADEMIC SESSION 2024-25**  
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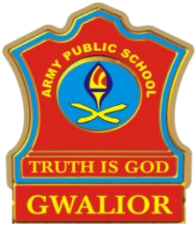
**Subject: Dance**

**Assignment No. : 4**

**Allotment Date: 12 September 2024**

<b>S. NO.</b>	<b>QUESTIONS</b>	<b>MARKS</b>	<b>NATURE</b>
1	<b>Which musical instrument is commonly used during a "Ganesh Vandana" performance in Kathak?</b>  A) Tabla  B) Harmonium  C) sitar  D) Flute	1	Informative
2	<b>What is "Ganesh Vandana" in Kathak nritya?</b>  A) Dhyaan ka ek roop  B) Bhagavaan Ganesh ka aahvaan  C) Ek pratispardhee nrty shailee  D) Ek prakaar ka phutvark	1	Informative
3	<b>Which god is praised in Ganesh Vandana ?</b>  A) Brahma  B) Vishnu  C) Mahesh  D) Ganesh	1	Informative
4	<b>In which classical dance Ganesh Vandana is not performed</b>  A) Kathak  B) Bharatanatyam  C) Odissi  D) Kathakali	1	Informative
5	<b>Which type of dance is Ganesh Vandana ?</b>  A) Tandav  B) Lasya  C) Nritya	1	Informative

	D) Sringar		
6.	<p><b>Which emotion is expressed in Ganesh Vandana?</b></p> <p>A) Veer Ras</p> <p>B) Shringar Ras</p> <p>C) Shant Ras</p> <p>D) Bhakti Ras</p>	1	Informative
7.	<p><b>In Kathak dance _____ is worshipped first</b></p> <p>A) Ganapati</p> <p>B) Devi</p> <p>C) Gandharv</p> <p>D) Natya</p>	1	Informative
8.	<p><b>In which rhythm is Ganesh Vandana performed?</b></p> <p>A) TeenTaal</p> <p>B) Dhamar</p> <p>C) sawari</p> <p>D) Rudra Taal</p>	1	Informative
9.	<p><b>What is the main purpose of Ganesh Vandana in Kathak dance?</b></p> <p>A) Ganesh ki stuti</p> <p>B) Ganesh ki aarti</p> <p>C) Ganesh ki Vandana</p> <p>D) Ganesh ka Abhishek</p>	1	Informative
1	<p><b>Which is the picture of Ganesh?</b></p> <div style="display: flex; justify-content: space-around; align-items: center;">    </div>	1	Informative



**ARMY PUBLIC SCHOOL GWALIOR**  
**CLASS - VIII**  
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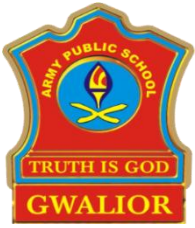
**Subject: Music (Vocal)**

**Assignment No. : 4**

**Allotment Date: 12 September 2024**

<b>S. NO.</b>	<b>QUESTIONS</b>	<b>MARKS</b>	<b>NATURE</b>
1	Bharat humko jaan se ..... ? a)pyara hai b)nyara hai	1	Informative
2	How many strings are there in guitar ? a) 6 b) 5	1	Informative
3	What do you mean by patriotism? a) Devotion towards Religion b) Devotion towards Country	1	Informative
4	Shri krishan govind ..... murari a) Hare b)Hey Nath	1	Informative
5	Pitu ..... swami sakha humare a) Nath b) Math	1	Informative
6.	How many types of guitar are there? a) 5 b) 3	1	Informative

<b>7.</b>	Ek dantaya , ..... gauri tanya yadimahi a) Vakratundaya b) gajeshanaya	1	Informative
<b>8.</b>	What do you mean by chord? a) A single note b) Group of 3 notes	1	Informative
<b>9,</b>	How many notes are there in an octave? a) 8 b) 7	1	Informative
<b>10.</b>	O palan hare , ..... aur nyare a) Nirgun b) Guni	1	Informative



**ARMY PUBLIC SCHOOL GWALIOR**  
**CLASS - VIII**  
**ACADEMIC SESSION 2024-25**  
**REVISION WORKSHEET (SELF –ASSESSMENT)**

**Subject: Karate**

**Assignment No. : 4**

**Allotment Date: 12 September 2024**

<b>S. NO</b>	<b>QUESTIONS</b>	<b>Marks 10</b>
<b>1</b>	What is the meaning of Kata?  a) Fight b) Leg Fight c) Pre – decided techniques of offense and defense d) None of these	<b>1</b>
<b>2</b>	Which Japanese word is used at the time of wish in Kata?  a) Os b) Ous c) Osu d) Oos	<b>1</b>
<b>3</b>	What is the Japanese name of middle block?  a) Jodan age uke b) Chudan sota uke c) Gaidan barai uke d) None of these	<b>1</b>
<b>4</b>	Which stance is used in step punch?  a) Zenkotsudachi b) Heikodachi c) Soto heikodachi d) Sanchin dachi	<b>1</b>
<b>5</b>	Which position is used at the time of block in kata ki hon ich?  a) Hidari heikodachi b) Migi heikodachi c) Hidari and migi heikodachi d) None of these	<b>1</b>
<b>6</b>	How many steps in ki hon ich kata?  a) 10 b) 20 c) 30 d) 40	<b>1</b>
<b>7</b>	In heikodachi dachi legs should be  a) Parallel to your shoulder b) Inside the shoulder	<b>1</b>

	<ul style="list-style-type: none"> <li>c) Outside the shoulder</li> <li>d) None of these</li> </ul>	
<b>8</b>	<p>How many sequence in ki hon ich kata?</p> <ul style="list-style-type: none"> <li>a) 10</li> <li>b) 20</li> <li>c) 30</li> <li>d) 40</li> </ul>	<b>1</b>
<b>9</b>	<p>Which punch is used in kata ki hon ich?</p> <ul style="list-style-type: none"> <li>a) Jodan tsuki</li> <li>b) Chudan tsuki</li> <li>c) Gaidan tsuki</li> <li>d) Nidan tsuki</li> </ul>	<b>1</b>
<b>10</b>	<p>What is the starting position of ki hon ich kata?</p> <ul style="list-style-type: none"> <li>a) Heikondachi</li> <li>b) Shikodachi</li> <li>c) Zenkotsudachi</li> <li>d) None of these</li> </ul>	<b>1</b>