



HOLI CELEBRATION  
AT APS GWALIOR



PASSING OUT  
PARADE



IN HOUSE  
WORKSHOP ON  
"LIFE SKILLS"



# APS GWALIOR TIMES

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## ARMY PUBLIC SCHOOL GWALIOR (MP) FWO MONTHLY REPORT FOR THE MONTH OF MARCH 2025

### **IN-HOUSE SESSION ON "VALUE EDUCATION"**

In-House Session on "Value Education"

**Conducted by**– Mrs. Divya Singh Chauhan, PRT, APS Gwalior

**Attended by** - Teachers of Classes I to V

**Focus/Highlights**-It was an interesting and interactive session conducted under the guidance of the Principal of APS Gwalior, Dr. Arvind Kr. Sikarwar, and the Headmistress, Mrs. Jayanti Naidu. The key concepts discussed during the session included: Understanding Core Values, Values Clarification Techniques, Integrating Values into the Curriculum, Classroom Management for Value Development, Active Learning Strategies, Addressing Ethical Dilemmas, Community Engagement, and Self-reflection and Personal Development.



### **IN-HOUSE SESSION ON "VALUE EDUCATION"**

## HDFC CORPORATE SOCIAL RESPONSIBILITY (CSR) ACTIVITY

HDFC Corporate Social Responsibility (CSR) Activity

**Conducted by**– HDFC Bank at Army Public School Gwalior

**Attended by**– HDFC Bank Manager and Principal, APS Gwalior

**Focus/Highlights**- An e-scooty was donated to the school by HDFC Bank Gwalior as part of their CSR activity on 25 February 2025. The Bank Manager, Mrs. Purna Agrawal, handed over the key of the e-scooty to the Principal of APS Gwalior.



## HDFC CORPORATE SOCIAL RESPONSIBILITY (CSR) ACTIVITY

### WORKSHOP FOR CAPACITY BUILDING OF NRGs ON NISHTHA EDUCATIONAL TECHNOLOGY LEVEL-2

Workshop for Capacity Building of NRGs on NISHTHA Educational Technology Level-2

**Conducted by** – NCERT

**Venue** – CIET-NCERT

**Attended by** - Km Anupama, TGT English, APS Gwalior

**Focus/Highlights**- The aim of this workshop was to equip educators with the necessary tools and knowledge to effectively integrate ICT into teaching and learning practices. It focused on enhancing educators' understanding of digital resources, Open Educational Resources (OER), Free and Open-Source Software (FOSS), and Instructional Design. The objective was to promote the use of multimedia and immersive technologies in education while ensuring inclusive learning environments, especially for Children with Special Needs (CWSN).



## WORKSHOP FOR CAPACITY BUILDING OF NRGs ON NISHTHA EDUCATIONAL TECHNOLOGY LEVEL-2

### ICICI CORPORATE SOCIAL RESPONSIBILITY (CSR) EVENT

ICICI Corporate Social Responsibility (CSR) Event

**Conducted by-** ICICI Bank at Army Public School Gwalior.

**Attended by-** Chairman APS Gwalior, MH Commandant, Education Officer and other officials from ICICI Bank, Dr Arvind Kumar Sikarwar, Principal, Mrs Vivian Singh, Vice Principal, PGTs of APS Gwalior.

**Focus/Highlights-** Army Public School Gwalior organized an event under the Corporate Social Responsibility (CSR) initiative of ICICI Foundation, which focuses on education, health, skill development, sustainable livelihoods, financial inclusion, and environmental conservation. As part of the CSR activity, ICICI Bank Gwalior donated a fully equipped ambulance to APS Gwalior.



### ICICI CORPORATE SOCIAL RESPONSIBILITY (CSR) EVENT

### TRAINING OF TRAINERS' CERTIFICATION COURSE

Training of Trainers' certification course

**Organised by-** CBSE RO BHOPAL

**Venue-** Catalyst World School, Indore

**Attended by-** Mrs Preeti Sharma, PGT English, APS Gwalior

**Focus/Highlights-** The capacity building programme aimed to enhance the skills, knowledge, and competencies of participants in key areas. The session focused on equipping attendees with the necessary tools and strategies to improve their efficiency, effectiveness, and performance in their respective roles. The programme emphasized continuous learning and professional development.



## TRAINING OF TRAINERS' CERTIFICATION COURSE

### ASHA MILAP ACTIVITY " HOLI CELEBRATION"

Asha Milap Activity " Holi Celebration"

**Conducted by-** Army Public School Gwalior

**Attended by-** Mrs. Neha Tiwari, Ms. Namrata Tomar, Mr. Kuldeep Rathore, Ms. Adhya Khare, and Mr. Vinayak Kalvint

**Focus/Highlights-** Army Public School Gwalior, in collaboration with the Dance and Music Department, celebrated Holi at Asha School under the Asha Milap programme. The teachers of APS Gwalior performed vibrant dance and singing acts. The celebration was marked by the distribution of gulal, chocolates, gujiya, and cupcakes, fostering joy, inclusion, and togetherness among students and staff.



### ASHA MILAP ACTIVITY " HOLI CELEBRATION"

### HOLI CELEBRATION AT APS GWALIOR

Holi Celebration at APS Gwalior

**Conducted by-** Army Public School Gwalior

**Attended by-** All the staff members of APS Gwalior and the teachers of various schools attended evaluation workshop.

**Focus/Highlights-** Staff members of Army Public School Gwalior celebrated the vibrant festival of Holi with great enthusiasm and fervour. The school ground was transformed into a vibrant arena filled with colours and exciting dance performances. The air was filled with laughter, music, and the joyous spirit of togetherness. The celebration brought everyone closer, fostering unity and harmony among the staff.



## HOLI CELEBRATION AT APS GWALIOR

### PASSING OUT PARADE

Passing Out Parade

**Conducted by** – OTA, Gwalior

**Attended by-** ANO by Lt. P. Indu Rao and 10 Cadets of Army Public School, Gwalior

**Focus/Highlights-** The Commandant Passing out parade of Pre Commissioning course at NCC OTA Gwalior was attended by Lt. P. Indu Rao from Army Public School, Gwalior, along with 10 cadets. A total of 122 aspiring Associate NCC Officers (ANOs) successfully completed their training journey at the Academy, marking a significant milestone in their lives. This achievement was met with pride and joy not only by the ANOs themselves but also by their families and mentors, who had supported them throughout their rigorous training.



## PASSING OUT PARADE

### TEACHER'S FAREWELL

Teacher's Farewell

**Conducted by-** APS Gwalior

**Coordinated by-** Mrs Zarina Waheb

**Attended by-** Dr Arvind Kumar Sikarwar, Principal, Mrs Vivian Singh, Vice Principal, Mrs Jayanti Naidu, HM, APS Gwalior and all the teachers of Balvatika.

**Focus/Highlights-** Mrs Chitra Devi, KC, PPRT, APS Gwalior was given a farewell by APS Gwalior. The event started with a warm welcome of the departing teacher by Mrs Jayanti Naidu, HM, APS Gwalior. A video presentation was shown showcasing her journey and contributions. The event became joyous and warm with singing, words of appreciation for her. A token of appreciation was handed over to her to culminate the event with emotional exchanges of goodbye and best wishes for her future endeavor. It was followed by high tea.



## TEACHER'S FAREWELL

### SCIENCE EXHIBITION BY THE GIFTED STUDENTS

**Organised by-** The team of Gifted Education Programme under the guidance of Mrs. Padmaja Gupta I/C of Gifted Education Programme

**Mentors-** Mrs. Gargi Shukla, PRT, Mrs. Anju Dutta, TGT Science, Mr. Abhishek Tripathi, TGT Science, Mr. Mandeep Singh, TGT Science, Ms. Neelima Tomar, PRT, Mr. Shivam Tomar, TGT Mathematics and Mrs. Shaily Gahlot, TGT Mathematics, APS Gwalior

**Attended by-** The Parents who visited school on the day of Annual Exam PTM

**Focus/Highlights-** Dr Arvind Kumar Sikarwar, Principal, Mrs. Vivian Singh, Vice Principal, inaugurated the event. They interacted with the student presenters, who explained their projects with enthusiasm and clarity. Notable highlights included a working model of a Wastewater Treatment/ Hydroelectricity Production system, Waste Management, Carbon to Ink, an Earthquake Alarm System, Solar Energy Conservation, and more. The event was an excellent initiative to bridge the gap between academics and hands-on learning, showcasing the school's commitment to holistic education



### SCIENCE EXHIBITION BY THE GIFTED STUDENTS

#### ANNUAL EXAM PTM 2025

**Conducted by** – Army Public School Gwalior

**Attended by**- Parents of the students of classes I to VIII, IX and XI

**Focus/Highlights**- Army Public School Gwalior organized an offline PTM at the school on 2 March 2025 for the classes of I to IX and XI, from 1200 hrs to 1400 hrs, regarding the Annual Exam Results. Parents and students were informed about the re-opening date of the new session and the timely purchase of the new book sets for their wards.



#### ANNUAL EXAM PTM 2025

#### IN-HOUSE WORKSHOP ON “IGNITE TO EMPOWER”

**Conducted by**- Army Public School Gwalior

**Attended by**- Teachers teaching classes VI to VIII

**Focus/Highlights**- The in-house workshop was informative and interactive. It suggested a strategy where initial action is used to foster self-reliance and capability in individuals or groups. The primary objective of the session was to inspire teachers to take ownership of their growth and development,

and to equip them with essential skills and knowledge to overcome challenges. Dr. Arvind Kumar Sikarwar, Principal, Mrs. Vivian Singh, Vice Principal ,APS Gwalior were also present during the session and provided their valuable inputs..



### IN-HOUSE WORKSHOP ON “IGNITE TO EMPOWER”

### IN-HOUSE WORKSHOP ON “INCLUSIVE EDUCATION”

**Conducted by-** Ms. Deepti Bisen (PRT), Army Public School Gwalior

**Attended by-** PPRTs and PRTs of Army Public School, Gwalior

**Focus/Highlights-** The in-house session was informative. The key concepts discussed in the workshop were: the Meaning of Inclusive Education, the RPWD Act (2016), Recommendations of the RPWD Act, Core Competencies of Teachers, the Meaning of Disability, SLD, Dyslexia, Dysgraphia, and Dyscalculia. The session also emphasized the importance of creating an inclusive learning environment that accommodates diverse learning needs.



### IN-HOUSE WORKSHOP ON “INCLUSIVE EDUCATION”

### ECHS SPARSH ACTIVITY- “A VISIT TO ECHS POLYCLINIC MORAR

**Conducted by-** Army Public School Gwalior

**Attended by-** Students of classes X and XII

**Focus/Highlights-** The objective of this visit was to provide students with hands-on experience and exposure to the healthcare services offered by the ECHS Polyclinic. During the visit, OIC Polyclinic, Captain Mousmi Mukherji Rana, provided an overview of the facilities and services available at the clinic. Three students delivered speeches on the topic, "Healthcare During Summers." Additionally, the students distributed fruits to the visitors. The students were also addressed by Colonel Sunil Kumar, OIC of the ECHS Cell.



### **ECHS SPARSH ACTIVITY- "A VISIT TO ECHS POLYCLINIC MORAR"**

### **IN-HOUSE SESSION ON "ART INTEGRATION "**

**Conducted by-** LT. P. Indu Rao, PRT Art and Craft, APS Gwalior

**Attended by-** All the TGTs of APS. Gwalior.

**Focus/Highlights-** Army Public School organized an in-house 'Art Integration' workshop for subject teachers. The workshop commenced with an introduction to the significance of Art Integration in the National Education Policy (NEP). The resource person elaborated on how teachers can incorporate visual arts, performing arts, and various other activities to enhance student learning. The workshop successfully met its objectives, providing participants with valuable insights into the importance of art integration in the classroom.



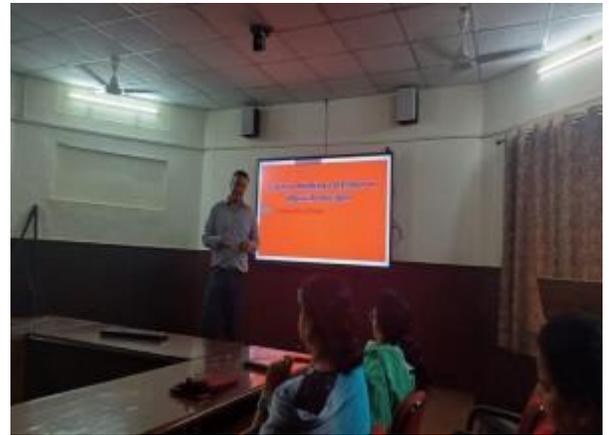
### **IN-HOUSE SESSION ON "ART INTEGRATION "**

## CAPACITY BUILDING WORKSHOP FOR PHYSICAL EDUCATION ( IN HOUSE SESSION)

**Conducted by-** Mr. Vimal Prakash TGT, Physical Education, APS Gwalior

**Attended by-** Teachers of APS Gwalior

**Focus/Highlights** - The in-house session aimed to enhance participants' understanding of the fundamental aspects of physical fitness and nutrition, which play a crucial role in overall well-being. The workshop covered two key sub-topics: Components of Physical Fitness and Nutrition. The discussion on physical fitness emphasized essential components such as cardiovascular endurance, muscular endurance and body composition.



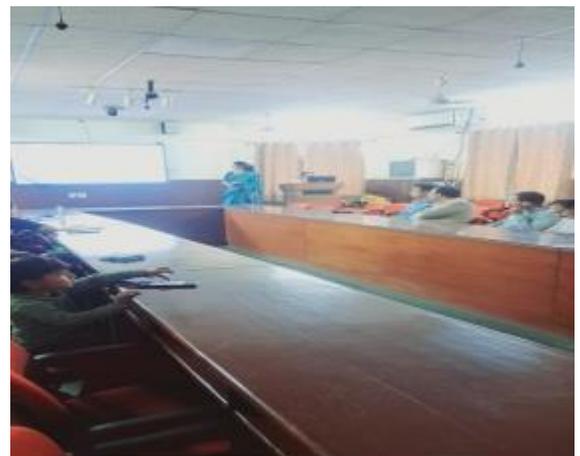
## CAPACITY BUILDING WORKSHOP FOR PHYSICAL EDUCATION ( IN HOUSE SESSION)

### IN HOUSE SESSION ON “FOUNDATION OF CITIZENSHIP PROGRAMME”

**Conducted by-** Mrs. Varsha Chauhan, TGT English APS Gwalior

**Attended by-** TGTs APS Gwalior

**Focus/Highlights-** The workshop was successful in orienting the teachers about Foundation of Citizenship, its steps procedure and modules. Detailed discussions were conducted on value-based education programme aiming to empower youth by fostering self-awareness, moral development, and the realization of their potential through various modules and activities.



## IN HOUSE SESSION ON “FOUNDATION OF CITIZENSHIP PROGRAMME”

### IN-HOUSE SESSION ON “FACILITATOR DEVELOPMENT PROGRAMME”

**Conducted by** – Mrs. Anita Sharma, PRT, APS Gwalior

**Attended by**- PRTs and TGTs of APS Gwalior

**Focus/Highlights-** The in-house session was interesting and informative. The purpose of the workshop was to transform teachers into facilitators who can help the students to manifest their full potential and use it for the welfare of our nation and the world.



## IN-HOUSE SESSION ON “FACILITATOR DEVELOPMENT PROGRAMME”

### IN HOUSE WORKSHOP ON PEDAGOGY AS PER NEP 2020

**Conducted by**- Mrs. Beenu Kumari, PRT, APS Gwalior

**Attended by**- PRTs and PPRTs

**Focus/Highlights-** The workshop aimed to suggest various strategies and techniques related to the cognitive, social, and emotional development of students, while also promoting Experiential Learning and Game-Based Learning. It encouraged engaging students in hands-on activities related to real-life experiences, both inside and outside the classroom. Overall, the workshop was highly interactive and successful.



## IN HOUSE WORKSHOP ON PEDAGOGY AS PER NEP 2020

### SESSION ON “POCSO ACT”

Session on “POCSO Act”

**Conducted by-** Army Public School

**Resource Person-** Ms.Shikha Chhibbar, LLM in Human Rights , National Law Institute Bhopal

**Attended by-** All the teachers of APS Gwalior

**Focus/Highlights-** Participants gained a clear understanding of the provisions of the POCSO Act and its implementation. Participants learned to recognize the signs and symptoms of child sexual abuse and how to respond appropriately. The workshop was a successful initiative of Brigadier Deepak Mann, Chairman, APS Gwalior which educated participants about provisions of the POCSO Act and its implementation.



### SESSION ON “POCSO ACT”

### IN HOUSE WORKSHOP ON “LIFE SKILLS”

In-House Workshop on “Life Skills”

**Conducted by-** Mrs. Nisha Bais, PRT and Mrs. Beenu Kumari, PRT APS Gwalior

**Attended by-** All the PRTs

**Focus/Highlights-** In House Session was conducted in the presence of Dr Arvind Kumar Sikarwar, Principal, Mrs Jayanti Naidu, HM , APS Gwalior. The Workshop aimed to enlighten the teachers about Pedagogy as per NEP 2020, Experiential Learning, Game based Learning, Gamification. Various interactive Individual and group activities like scientific observation , map making and games were incorporated during the workshop. All the teachers had participated well in all the activities and winner groups were acknowledged with appreciation badges.



## IN HOUSE WORKSHOP ON “LIFE SKILLS”

### CAPACITY BUILDING IN HOUSE WORKSHOP ON “MENTAL HEALTH”

**Conducted by-** Ms. Devnishi Singh , TGT Health & Wellness, APS Gwalior

**Attended by-** TGTs & PGTs of APS Gwalior

**Focus/Highlights-** The session started with a very interesting activity “ Art Therapy”. All the teachers present there undergone the stress relieving process in the guidance of the resource person. This session was organised to enhance participants' understanding of mental health concepts and to reduce stigma associated with mental illness



## CAPACITY BUILDING IN HOUSE WORKSHOP ON “MENTAL HEALTH”

### TEACHER'S FAREWELL

**Conducted by-** APS Gwalior

**Coordinated by-** Mrs. Archana Bhargava (Staff Forum I/C), and Mrs. Nisha Bais , PRT APS Gwalior

**Attended by –** Dr Arvind Kumar Sikarwar, Principal, Mrs Vivian Singh, Vice-Principal, Mrs Jayanti Naidu, Headmistress and teachers of classes I to V

**Focus/Highlights-** A heartfelt farewell was organized to bid farewell to Mrs. Sarah Kamble (PRT), who has dedicated one year of service to APS Gwalior. The event commenced with a sapling plantation ceremony in the school garden. In the conference hall she was given a warm welcome by

Mrs. Jayanti Naidu (H.M.), followed by heartfelt tributes from colleagues. The Headmistress and fellow teachers shared memories, recalling her invaluable contribution in shaping young minds. The School Principal also expressed deep appreciation for her dedication and guidance throughout the year. As a token of gratitude, a memento was presented to Mrs. Sarah Kamble



## TEACHER'S FAREWELL