



ARMY PUBLIC SCHOOL GWALIOR
CLASS - VII

ACADEMIC SESSION 2025-26

REVISION WORKSHEET (SELF –ASSESSMENT)

Subject: English

Assignment No. : 2

Allotment Date: 20 July 2025

S. No.	QUESTIONS	MARKS	NATURE
1	Separate the following words into countable nouns and uncountable nouns. Cheque, shop, vitality, report, water	5 Marks	Analytical Thinking
2	Fill in the blanks with the correct option. a) How salt are we left with? (many/some/much) b) Give me Piece of cake. (an/a/some) c) Do you have money with you? (any/much/some) d) I want to buy litre of milk from the market. (a/an/some)	4 Marks	Decision-Making
3	Fill in each blank with a suitable feminine noun. a) My uncle and lived in Nebraska. b) Ladies and, welcome to our party this evening. c) The host and the welcomed their quests. d) My uncle and lived in Nebraska.	4 Marks	Problem Solving
4	Imagine you are Jahnvi. How would you convince your parents to let you study? Write a short dialogue between you and your parents.	4 Marks	Communication Skill
5	What lessons about perseverance does the poem teach through the stories of King Bruce and the spider?	4 Marks	Critical Thinking
6	Answer the following questions in about 20-30 words. a) What was Jahnvi's dream? Was it important to her? Why? b) How did the river know so much about Jahnvi? c) The poem teaches us that failures are stepping stones to success. Explain. d) Why does the author believe that the sense of sight is the most wonderful?	4×2 = 8 Marks	Evaluation
7	Imagine you were absent from school for two days because you were not feeling well. Write a leave application to your class teacher asking for leave for those two days.	5 Marks	Communication Skills



**ARMY PUBLIC SCHOOL GWALIOR
CLASS - VII**

ACADEMIC SESSION 2025-26

REVISION WORKSHEET (SELF –ASSESSMENT)

Subject: Hindi

Assignment No. : 2

Allotment Date: 20 July 2025

S. No	Questions	Marks	Nature
1	प्रश्न 1.-शब्दार्थ i) निर्धन ii) सुनसान iii) आश्चर्य iv) कोष v) प्रशंसा	5 Marks	Informative and understanding
2	निम्नलिखित प्रश्नों के उत्तर दें – i) शब्द किसे कहते हैं? ii) उत्पत्ति के आधार पर शब्द के कितने भेद हैं? iii) रचना के आधार पर शब्द के कितने भेद हैं? iv) समान अर्थ देने वाले शब्दों को क्या कहते हैं? v) अनेक अर्थ देने वाले शब्दों को क्या कहते हैं? vi) पर्यायवाची शब्द बताइए – नदी, अग्नि, आभूषण। vii) विलोम शब्द बताइए – आदान, कटु, आकर्षक viii) अनेकार्थक शब्द बताइए – अलि, काल, मधु ix) वाक्यांश के लिए एक शब्द बताइए – जिसका आरंभ न हो, जि न हो, जो बहुत बोलता हो। x) समश्रुति भिन्नार्थक शब्द बताइए – चपल, चपला निम्नलिखित प्रश्नों के उत्तर दें – i) आखेटक और बच्चे के पिता के बीच तर्क-वितर्क क्यों हुआ?	10×1=10	Understanding

3.	<p>ii) 'माँ कह एक कहानी' कविता के कवि का क्या नाम है?</p> <p>iii) मां ने पुत्र से "राहुल,तू निर्णय कर इसका" क्यों कहा?</p> <p>iv) पिता ने बेटों को 'दूसरे प्रकार का धन संचित' करने की सलाह पिता के बारे में क्या-क्या पता चलता है?</p> <p>v) तीनों भाइयों ने बिना ऊंट को देख उसके विषय में कैसे बता दि</p>	5×2=10	Analytical skills
4	अनुच्छेद लिखिए – नैतिक शिक्षा की आवश्यकता।	5 marks	Critical thinking



ARMY PUBLIC SCHOOL GWALIOR
CLASS - VII
ACADEMIC SESSION 2025-26
REVISION WORKSHEET (SELF –ASSESSMENT)

Subject: Mathematics

Assignment No. : 2

Allotment Date: 20 July 2025

S.NO.	QUESTIONS	MARKS	NATURE
1	Calculate this product quickly 25×240 (a) 1000 (b) 60000 (c) 6000 (d) 300	1	Understanding
2	2 Subtracted from 7 gives (a) 9 (b) 5 (c) -5 (d) -9	1	Critical Thinking
3	How many zeros does a hundred thousand have? (a) Five (b) Nine (c) Eight (d) Seven	1	Understanding
4	The number of integers between -2 and 2 is- (a) 5 (b) 4 (c) 3 (d) 2	1	Analytical
5	Compare 640 crore _____ 60 billion? (a) < (b) > (c) =	1	Informative

	(d) None of these		
6	<p>_____ x _____ = 120000000</p> <p>(a) 250,480</p> <p>(b) 25,4800</p> <p>(c) 25000,480</p> <p>(d) 25000,4800</p>	1	Analytical
7	<p>How many lakhs make a billion?</p> <p>(a) 10 lakhs</p> <p>(b) 100 lakhs</p> <p>(c) 1000 lakhs</p> <p>(d) none of these</p>	1	Critical Thinking
8	<p>The product of three negative integers is</p> <p>(a) a positive integer</p> <p>(b) a negative integer</p> <p>(c) either a positive integer or a negative integer</p> <p>(d) none of these</p>	1	Problem solving
9	<p>Identify the property used in the following:</p> <p>$2 \times 13 + 8 \times 13 = (2 + 8) \times 13$</p> <p>(a) Distributive (b) Associative</p> <p>(c) Closure (d) Commutative</p>	1	Informative
10	<p>Find a different way to get 56354 and write an expression for the same.</p>	2	Understanding
11	<p>Can multiplying a 4-digit number with a 2-digit number give a 5-digit number explain with example?</p>	2	Informative
12	<p>Write four nearest the Neighbours for these numbers.</p> <p>(a) 6,87,79,957</p> <p>(b) 30,05,43,481</p>	2	Understanding
13	<p>Using all digits from 0-9 exactly once (the first digit cannot be zero) to create a ten digit number, write the smallest even number.</p>	3	Problem Solving

14	If 250 babies are born every minute across the world, will a million babies be born in a day?	3	Critical Thinking
15	<p>Roxie & Estu are estimating the value of simple expressions.</p> <p>14,63,128 - 4,90,020</p> <p>Roxie, "The difference is near 10,00,000 and is less than 10,00,000"</p> <p>Estu, "The difference is near 9,00,000 and is more than 9,00,000"</p> <ol style="list-style-type: none"> 1) Are estimates correct? 2) Who's estimates is closer to the sum? 3) Will the difference be greater than 9,63,128 or less than 9,63,128 ? what do you think so ? 	4	Case study
16	<p>Bald eagles are known to fly as high as 4500-6000m above the ground level. Mount Everest is about 8850m high. Aeroplanes can fly as high as 10,000-12,800m. How many times bigger are these heights compared to Somu's building?</p>	5	Problem solving



ARMY PUBLIC SCHOOL GWALIOR
CLASS - VII



ACADEMIC SESSION 2025-26
REVISION WORKSHEET (SELF –ASSESSMENT)

Subject: Science

Assignment No. : 2

Allotment Date: 20 July 2025

S.NO.	QUESTIONS	MARKS	NATURE
Q1	Answer the following questions. i. Name some components of an electric circuit. ii. Write any two uses of electricity.	1x2=2	Information
Q2	i. Define an electric cell. ii. What is a battery?	2X2 =4	Understanding
Q3	i. Draw the symbols of the following circuit components. (i) electric cell (ii) Switch in 'OFF' position (iii) electric bulb (iv) battery	1x4=4	HOT
Q4	i. Why are CFLs more efficient than ordinary bulbs? ii. Why do we cover plug pin holes which are within reach of children with cellotape or a plastic cover when not in use?	3x2=6	Interdisciplinary
Q5	i. Write the difference between a CFL and a LED. ii. Torch lamp glows in one position of its switch. Give reason. iii. Why did we use metal wires for making electric circuits?	3x3=9	Critical thinking & Problem solving
Q 6.	What are open and closed circuits? How do they affect the flow of electricity in a circuit? Explain with examples.	1x5=5	Communication Skills



**ARMY PUBLIC SCHOOL GWALIOR
CLASS - VII**

**ACADEMIC SESSION 2025-26
REVISION WORKSHEET (SELF –ASSESSMENT)**

Subject: Social Science

Assignment No. : 2

Allotment Date: 20 July 2025

S. NO.	QUESTIONS	MARKS (30m)	SKILLS/ COMPETENCIES
1	<p>Multiple choice questions-</p> <p>1. Which source does not provide information about the second urbanization? a) Buddhist texts b) Jain texts c) Vedic texts d) Greek inscriptions</p> <p>2. Form of government in which head of state is elected is called? a) Republic b) Hereditary c) Monarchy d) Democratic</p> <p>3. Which of the following mahajanapada's functioning resembles that of Democratic system? a) Magadha b) Vajji / Vrijji c) Kuru d) Anga</p> <p>4. Which mountain range is the oldest in India? a) Himalaya b) Aravalli c) Vindhya d) Bodhgaya</p> <p>5. Peak above than 8000 meters in height collectively are called? (a) Eight thousanders (b) Eight himalayas (c) Himalayan highers (d) Eight Peakers</p>	1 x 5=5m	Informative
2	<p>Answer the following questions in very short-</p> <p>1. Discuss the geographical extent of India.</p> <p>2. State any the two innovations that happened in the age of janapadas and mahajanapadas.</p> <p>3. Define Oligarchy form of government.</p>	2x3=6m	Understanding

3	<p>Answer the following questions in short-</p> <ol style="list-style-type: none"> 1. List any three reasons why it is important for the judiciary to be independent. 2. India has been called a mini continent. Why do you think this is so? 	3x2=6m	HOTS
4	<p>Answer the following questions in long-</p> <ol style="list-style-type: none"> 1. Describe the two major island groups in India. 	5x1=5m	Inter disciplinary
5	<p>Case study based questions–</p> <p>Mawlynnong village, located in the East Khasi Hills of Meghalaya, is celebrated as the cleanest village in Asia. The villagers take great pride in maintaining cleanliness by using bamboo dustbins and adopting eco-friendly practices. Another unique feature of the village is the living root bridges, crafted by weaving tree roots over many years, showcasing the ingenuity of the local tribes.</p> <p>Questions:</p> <ol style="list-style-type: none"> 1. What is Mawlynnong village famous for? <ol style="list-style-type: none"> a) Being the coldest village in Asia b) Being the cleanest village in Asia c) Having the tallest buildings in Asia d) None of the above 2. How are the living root bridges created? <ol style="list-style-type: none"> a) By using concrete and steel b) By weaving tree roots over many years c) By cutting and stacking logs d) By melting and reshaping metal 3. Which of the following practices contribute to Mawlynnong's cleanliness? <ol style="list-style-type: none"> a) Using plastic bags b) Burning waste openly c) Using bamboo dustbins d) Ignoring waste management 	3x1=3m	Analytical Skill
6	<p>On the outline map of India mark –</p> <ol style="list-style-type: none"> 1. The Mahajanapada Vajji 2. Western coastal plain 3. The himalayas 4. The Mahajanapada Magadha 5. The Thar Desert 	1 x 5=5m	Critical thinking and problem solving



ARMY PUBLIC SCHOOL GWALIOR
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ACADEMIC SESSION 2025-26
REVISION WORKSHEET (SELF –ASSESSMENT)

Subject: Sanskrit

Assignment No. : 2

Allotment Date: 20 July 2025

S.NO	QUESTIONS	MARKS	SKILLS/ COMPETENCIES
1.	शब्दानाम् अर्थान् लिखत- आभा = स्वेदः प्रमादस्य = रिपुः = तन्द्रा = परपीडनम् =	1x6= 6	Information
2.	निम्नलिखितानां वाक्यानां समानार्थकान् श्लोकांशान् पाठात् चित्वा लिखन्तु - (क) मधुरवाण्या सर्वे प्रसन्नाः भवन्ति । (ख) परिश्रमेण तुल्यः बान्धवः नास्ति । (ग) परोपकारेण मानवस्य पुण्यार्जनं भवति । (घ) हिन्दमहासागरात् हिमालयपर्यन्तं भारतवर्षम् । 	1x4=4	Understanding
3.	अधोलिखितानां धातूनां लकारं पुरुषं वचनञ्च लिखत- यथा-	1x5=5	Memory skill

	<p>आसीत् अस् लङ् प्रथम बहुवचनम्</p> <p>भवन्ति</p> <p>आगच्छथ</p> <p>सन्ति</p> <p>इच्छावः</p> <p>अस्मि</p>		
4.	<p>रेखाङ्कितपदानां संधि-विच्छेदं कुरुत-</p> <p>(1) <u>रवीन्द्रः</u> गच्छति। (2) रात्रौ <u>चन्द्रोदयः</u> भवति।</p> <p>(3) <u>परमौजस्वी</u> अयं बालः।</p> <p>(4) <u>प्रत्येकम्</u> जनः तत्र गच्छति।</p> <p>(5) <u>गुर्वादेशः</u> अयम्।</p>	1x5=5	Thinking skill
5.	<p>रेखाङ्कितपदानां संधि कृत्वा लिखत-</p> <p>(1) ने+अनम्</p> <p>(2) अति+इव</p> <p>(3) सदा+एव</p> <p>(4) अति+अधिकम्</p> <p>(5) पौ+अकः</p>	1x5=5	Critical thinking
6.	<p>विभक्तिम् वचनं च लिखत-</p> <p>वचन विभक्ति</p> <p>1. ललाटे</p> <p>2. देशस्य</p> <p>3. अस्मान्</p> <p>4. लताभिः</p> <p>5. सुधाखंडेन</p>	1x5= 5	Memory skill



ARMY PUBLIC SCHOOL GWALIOR
CLASS - VII
ACADEMIC SESSION 2025-26
REVISION WORKSHEET (SELF –ASSESSMENT)

Subject: Computer

Assignment No. : 2

Allotment Date: 20 July 2025

S.NO.	QUESTIONS	MARKS	SKILLS/ COMPETENCIES
1	<p>A. Tick the correct option.</p> <p>1. The chart depicts each slice in a different colour. a. Bar b. Pie c. Line d. Column</p> <p>2. A key will automatically generate a chart on the selected data. a. F9 b. F10 c. F11 d. F12</p> <p>3. is used to quickly add information to multiple worksheets at the same time. a. Grouping Worksheets b. Data Consolidation c. Chart d. Function</p> <p>4. Which of these is not a type of chart in Excel? a. Scatter b. Column c. Pie d. Row</p> <p>5. is a tiny graph that resides in a single cell. a. Area b. Line c. Scatter d. Sparkline</p>	2.5	Information
2	<p>B. Write T for true and F for false.</p> <p>1. Scatter is not a type of chart in Excel.</p> <p>2. Chart data and text are linked to the worksheet from which the chart is created.</p> <p>3. Excel has several predefined styles that you can use to change the look of your chart.</p> <p>4. When a chart is created, you will get three new tabs Home, Insert and View.</p> <p>5. A bar chart organises the categories along the vertical axis.</p>	2.5	understanding

<p>3</p>	<p>C Fill in the blanks.</p> <p>Hints: ► Legend ► Horizontal ► Worksheet ► Area ► Vertical ► Tabular</p> <ol style="list-style-type: none"> 1. X-axis is the axis whereas Y-axis is the axis of the chart. 2. Sparklines can be used with any numerical data in a format. 3. specifies the colour, symbol, or pattern used to mark a data series. 4. An chart is the combination of a line and bar graph. 5. By default, every workbook contains at least one 	<p>2.5</p>	<p>understanding</p>
<p>4</p>	<p>D. Answer the following questions.</p> <ol style="list-style-type: none"> 1. Explain the significance of charts in Excel. Explain its types in detail. 2. What is a combo chart? What are the steps to create a combo chart? 3. Define all the elements of a chart in brief. 4. How can you group worksheets in Excel? 5. Explain data consolidation in Excel in detail. 	<p>2.5</p>	<p>Evaluation</p>



ARMY PUBLIC SCHOOL GWALIOR
CLASS - VII



ACADEMIC SESSION 2025-26
REVISION WORKSHEET (SELF –ASSESSMENT)

Subject: Music

Assignment No. : 2

Allotment Date: 20 July 2025

S. NO.	QUESTIONS	MARKS	NATURE
1	Bharat humko _____ se pyara hai a. jaan b. praan	1	Knowledge
2	What do you mean by patriotism ? a. Devotion towards country b. Devotion towards religion	1	Informative
3	Ae duniya ke logon unchi awaz karo _____ a. Gao khushi ke geet b. Ibadat karo	1	Knowledge
4	Janam bhumi pe _____ a. Jaan lutate hai b. Haske jaate hai	1	Creativity
5	Prabhu ji inpe tum apni _____ karo a. Kirpa b. pyaar	1	Learning
6	Who wrote National Anthem? a. Rabindranath Tagore b. Jawaharlal Nehru	1	Knowledge
7.	Complete the line Jana gana mana ? a. Adhinaayak jaya hey b. Gaya hey	1	Learning

8.	Complete the line Vindhya Himachal ? a. Yamuna Godavari b. Yamuna Ganga	1	Learning
9	Complete the line Door agyan ke ho? a. Andhere b. Roshni	1	Creativity
10.	Har Se bachte rahe hum ? a. Burai b. Bhalai	1	Creativity



ARMY PUBLIC SCHOOL GWALIOR
CLASS - VII
ACADEMIC SESSION 2025-26
REVISION WORKSHEET (SELF –ASSESSMENT)

Subject: Yoga

Assignment No. : 2

Allotment Date: 20 July 2025

SR. No	QUESTIONS	MARKS	SKILLS
	MULTIPLE CHOICE QUESTIONS (Q1-Q4)	1X10=10	
1	Which of the following is a Bandh Mudra? a. Surya Namaskar b. Mula Bandha c. Trataka d. Neti	1	Analytical Thinking
2	What is the main aim of Pratyahara? a. Physical strength b. Sense withdrawal c. Fast breathing d. Eating right	1	Analytical Thinking
3	Who compiled the Yoga Sutras? a. Vyasa b. Charaka c. Patanjali d. Shankaracharya	1	Analytical Thinking
4	Which kriya is related to nasal cleansing? a. Dhauti b. Basti c. Neti d. Nauli	1	Analytical Thinking
5	TRUE OR FALSE (Q5-Q7) Patanjali described eight steps of Yoga in his Yoga Sutras. (True / False)	1	Critical Thinking
6	Bandh Mudra is only about hand gestures. (True / False)	1	Critical Thinking

7	Kapalabhati is one of the six Shatkarma practices. (True / False)	1	Critical Thinking
8	FILL IN THE BLANKS (Q8-Q10) Patanjali is known as the _____ of Yoga.	1	Informative
9	Pratyahara means withdrawing the _____ from external objects.	1	Informative
10	Shatkarma includes _____ major purification practices.	1	Informative



ARMY PUBLIC SCHOOL GWALIOR
CLASS - VII
ACADEMIC SESSION 2025-26
REVISION WORKSHEET (SELF –ASSESSMENT)

Subject: Art and Work Education

Assignment No. : 2

Allotment Date: 20 July 2025

S. No.	QUESTIONS	MARKS	NATURE
1	What are the key elements of a successful pattern design (e.g., repetition, symmetry, contrast)?	2	Informative
2	How do you create realistic tree textures with pencil shading?	2	Informative
3	How do you create smooth transitions between shades?	2	Understanding
4	What are some tips for shading the dancer's skin tones and facial expressions?	2	Informative
5	What type of clay is best for modeling turtles (e.g., polymer clay, air-dry clay, ceramic clay)?	2	Understanding



**ARMY PUBLIC SCHOOL GWALIOR
CLASS - VII**

ACADEMIC SESSION 2025-26

REVISION WORKSHEET (SELF –ASSESSMENT)

Subject: Health and Physical Education

Assignment No. : 2

Allotment Date: 20 July 2025

S.NO	QUESTIONS	MARKS	SKILLS/ COMPETENCIES
1.	<p>Tick The Correct Answer</p> <p>Q-1- full form of LBW?</p> <ul style="list-style-type: none">A. Left Bowler WicketB. Leg Bowled WicketC. Leg Before WicketD. Leg Behind Wicket <p>Q-2 Who is known as God of off side ?</p> <ul style="list-style-type: none">A. M.S DhoniB. Sachin TendulkarC. Sourav GanguliD. Rohit Sharma <p>Q-3- Which is the largest cricket stadium in the world?</p> <ul style="list-style-type: none">A. Eden gardenB. The Melbourne Cricket GroundC. Roop singh stadiumD. The M. Chinnaswamy Stadium <p>Q-4-How long is the wicket on a cricket pitch?</p> <ul style="list-style-type: none">A. 1.22mB. 1.44mC. Both a and bD. 1.20m	4	INFORMATION
2	<p><u>Fill in the blanks</u></p> <p>Q-5- _____ took a hat trick against England in Twenty20 World Cup 2021?(Kagiso rabada, md shami)</p> <p>Q-6 T20 world cup 2024 held in _____ (India, USA-West Indies)</p> <p><u>Q-7</u> The movie 83, is biopic of Indian cricket</p>	3	INTERDISCIPLINARY

	<p>player_____.</p> <p>(Kapil dev or M S Dhoni)</p>		
3	<p><u>True False</u></p> <p>Q-8- Cricket is a national game of England?</p> <p>A. True</p> <p>B. False</p> <p>Q-9 Rohit sharma scored 200 runs 3 Times in ODI?</p> <p>A. True</p> <p>B. False</p> <p>Q-10- Ravi shastri is the only player who hit the 6 sixes?</p> <p>A. True</p> <p>B. False</p>	3	UNDERSTANDIN G



ARMY PUBLIC SCHOOL GWALIOR
CLASS - VII
ACADEMIC SESSION 2025-26
REVISION WORKSHEET (SELF –ASSESSMENT)

Subject: Dance

Assignment No. : 2

Allotment Date: 20 July 2025

S. NO.	QUESTIONS	MARKS	NATURE
1	How many counting are there in teen Taal? a) 16 b) 15	1	Informative
2	How many division are there in teen taal? a) 4 b) 10	1	Informative
3	How many times dugun is done in teen taal? a) 5 b) 2	1	Informative
4	What is the empty symbol in teen taal? a) 2 b) 0	1	Informative
5	At what volume is it empty in teen taal? a) 9 b) 3	1	Informative
6.	How many parts in kaharwa taal? a) 2 b) 4	1	Informative
7.	What is north indian classical music known as ? a) Hindustani b) Carnatic	1	Informative
8.	How many matras in kaharwa taal? a) 10 b) 8	1	Informative

9,	Which instrument is avnadhya vadya? a) Damru b) Flute	1	Informative
10.	Which type of instrument is Shankh? a) Shushir b) String	1	Informative



**ARMY PUBLIC SCHOOL GWALIOR
CLASS - VII**

ACADEMIC SESSION 2025-26

REVISION WORKSHEET (SELF –ASSESSMENT)

Subject: Martial Art

Assignment No. : 2

Allotment Date: 20 July 2025

S.N	QUESTIONS	Point
	<p>MULTIPLE CHOICE QUESTION</p> <p>1. What is the Japanese word of leg position?</p> <p>A. Pre decided techniques of offence and defence B. Defence C. Offence D. Dachi</p> <p>2. Pre decided techniques of offence & defence is called?</p> <p>A. Bunkai B. Ippon C. Kata D. Kumite</p> <p>3. What is the Japanese name of groin kick in karate ?</p> <p>A. Kenteki gari B. Kensetsu gari C. Mae gari D. None of these</p> <p>4. What is japeese name of front middle kick ?</p> <p>A. Chudan mae gari B. Chudan yuko gari C. Kensetsu gari D. Kentekigari</p>	1X10=10

FILL IN THE BLANKS

5. is the Japanese name of punch(Uke,Tsuki)

6. Bunkai is the combination of offence and(defence and dachi)

7. Japanese name of Side kick is(yuko gari, kin gari)

TRUE AND FALSE

8. Ippon is the combination of offence & defence

9. The way of fight with empty hands is the meaning of karate.

10. DOJO is the Japanese name of punch.