



ARMY PUBLIC SCHOOL GWALIOR



Dear Parents,

October is a month dedicated to non-violence and peace: a time marked by both fasting and feasting, victories and celebrations. It includes significant observances such as the International Day for Non-Violence, Dussehra, and Diwali. This festive season brings joy and a sense of togetherness, offering students a refreshing autumn break amidst various religious and social events. We believe this break will help rejuvenate them, enabling a renewed focus on academics in the coming months.

Due to the limited number of school days this month, the curriculum has been carefully condensed into a two-week plan. Our academic staff will deliver the content accordingly. We encourage you to ensure your child attends school regularly after the break and engages actively in their studies. Students are also advised to raise subject-specific questions during regular classes and zero periods for better academic progress.

The school is currently reviewing its curriculum planning and academic delivery based on recent observations by the Management, with the goal of further improving academic outcomes. In this regard, we would value your feedback during the upcoming Parent-Teacher Meeting on Saturday, 25 October. We sincerely request your presence and participation.

As we celebrate this festive season, please remain vigilant and advise your child to exercise caution while using fireworks. We also recommend minimizing the use of electric lights for home decorations and ensuring that all necessary safety measures are in place.

Wishing you and your family joyful and safe celebrations!

Warm regards,

Class Teachers

(Mrs Anju Dutta, Mr.Sakhsham Dubey, Ms Anupma, Mrs Uma Ahlawat, Mrs Rashmi Saraswat, Mr Vijay Singh Tomar)

Class –VII	Academic Plan	October 2025
(Sections – WISTERIA, ARJUNA, ACACIA, HORNBEAM, KAURI, ASPEN)		

ENGLISH

Poorvi

Unit 3 Dreams and Discoveries
Chapter 8 Paper Boat
Chapter 9 North, South, East, West
Unit 4 Travel and Adventure
Chapter 10 The Tunnel

***Writing Skill* : E-mail writing**

https://youtu.be/Tf6EmlzW-SM?si=dEjMw_Wyot0hrtes

HINDI	<p>*मल्हार*– पाठ 6. गिरिधर कविराय की कुंडलिया पाठ 7. वर्षा बहार *व्याकरण*- पाठ 11. क्रिया</p>
	<p>Youtube link https://youtube.com/watch?v=eS5T7UCTgNg&feature=shared</p>
SCIEN CE	<p>Ch.7 Heat transfer in Nature Ch.8 Measurement of Time and Motion https://youtu.be/PWoOtSBSB6A?si=-fj-MAZQUmMPI0qt</p>
SOCIAL SCIENCE	<p>Civics: Ch 2 The Constitution of India- An Introduction https://youtu.be/JGYNnNsNW3A</p>
SANSKRIT	<p>संस्कृत पाठ्यक्रम दीपकम् - पाठ -6 ,पाठ -7 व्याकरण - उपसर्गाः अव्ययाः च https://youtu.be/vT5tVreNNQM?si=1UUik4qVb9V1PzuR</p>
COMPUTER	<p>Ch-5 Animation with Synfig (cont.) Ch-6 Conditional coding in Python YouTube link - https://youtu.be/0tcG73dLVo?si=OHnMnmcCQp4E3iH2</p>
MATHS	<p>Chapter 5 Parallel and intersecting lines Activity: To establish properties of various pairs of angle formed by a transversal with two parallel lines https://youtu.be/qIM8dVQEtCk?si=2M-RyITMCOEWzoYx</p>
GENERAL KNOWLEDGE VALUE EDUCATION	<p>Unit - V:- Language and literature Unit - VI :- Sports and Entertainment</p>
WORK EDUCATION ART EDUCATION	<p>Art Education:- Kalamkari Art Work Education:- •Warli Art •Bouquet of Roses https://youtu.be/Je6ifSpUsMI?si=uyvMaa6efQezNyik</p>

**HEALTH & PHYSICAL
EDUCATION/ YOGA/
Karate**

Karate Syllabus:-

Kata meaning and training

<https://youtu.be/KOphpNXtLHk?si=cZ-w3e0LB2WZ6iNh>

Yoga Syllabus:-

Yog mudrasan

Paschimottanasan

Dhanurasan

https://youtu.be/uFc1_tKPulc?si=s_feLbckNb8Oe1HI

Health & physical education:-

Rules & Regulations of Basketball.

<https://youtu.be/isy55vBzgxY?feature=shared>

MUSIC /DANCE

Music Syllabus:-

Syllabus:- Sargam (alankar)on keyboard with vocals.

<https://youtu.be/CphpNmclBJQ?si=QB3C8qSuo02bVbaC>

Dance Syllabus:-

Kathak pranam Anjali, Pushpanjali , shastriya nritya

<https://youtube.com/watch?v=j1FAE0M1fWE&feature=shared>

**THEME: RIGHTEOUSNESS
DEED: GOODNESS, JUSTICE, PEACE AND LOVE**

**Theme: Righteousness
Deed: Goodness, Justice, Peace & Love**