



**ARMY PUBLIC SCHOOL GWALIOR**  
**CLASS - VIII**  
**ACADEMIC SESSION 2025-26**  
**WORKSHEET (SELF –ASSESSMENT)**



**Subject: English**

**Assignment No.: 7**

**Allotment Date: 31 December 2025**

<b>S.NO.</b>	<b>QUESTIONS</b>	<b>MARKS 15</b>	<b>NATURE BASIC Q. and Skills</b>
<b>Q1.</b>	Who was Ahmed Nadeem Qasmi?	3	Informative
<b>Q2.</b>	Write an article on "Importance of Games and Sports for Students."	3	Analytical skill
<b>Q3.</b>	What were the consequences of buying jalebis from school fees?	3	Understanding skill
<b>Q4.</b>	Why didn't the boy pay the school fees on the day he brought money to school?	3	Critical thinking skill
<b>Q5.</b>	What were the coins meant for?	3	Problem solving skill
<b>S.NO.</b>	<b>QUESTIONS</b>	<b>MARKS 15</b>	<b>NATURE STANDARD Q. and Skills</b>
<b>Q6.</b>	How did the boy feel after eating jalebis?	3	Informative
<b>Q7.</b>	Do you agree that the boy learned a more important lesson than the loss of money? Give reasons.	3	Analytical skill
<b>Q8.</b>	Why do you think God did not answer the boy's prayer? What message does this convey?	3	Understanding skill
<b>Q9.</b>	What does the story suggest about the difference between desire and duty?	3	Critical thinking skill
<b>Q10.</b>	If you were in the boy's place, what would you have done after spending the money?	3	Problem solving skill



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**WORKSHEET (SELF -ASSESSMENT)**



Subject: Hindi

Assignment No.: 7

Allotment Date: 31 December 2025

S.NO.	QUESTIONS	MARKS 15	NATURE BASIC Q. and Skills
प्रश्न 1.	“मैया, कबहिं बढैगी चोटी? किती बार मोहिं दूध पियत भई, यह अजहूँ है छोटी।” इस पंक्ति का भावार्थ विस्तार से लिखिए।	5	Understanding
प्रश्न 2.	भारत पर अत्यधिक तनाव का समय कौन सा था? लिखिए।	3	Memory skill
प्रश्न 3.	‘भारत छोड़ो’ प्रस्ताव कब और किसके द्वारा रखा गया?		
प्रश्न 4.	वाक्य किसे कहते हैं व उसके भेदों के नाम लिखिए।	3	Thinking skill
प्रश्न 5.	सरल वाक्य किसे कहते हैं? सरल और मिश्र वाक्य के दो-दो उदाहरण भी लिखिए।		
प्रश्न 6.	निम्नलिखित वाक्यों में उपयुक्त विराम- चिह्न लगाइए और वाक्य दोबारा लिखिए- 1. उसने पूछा तुम कहाँ रहते हो 2. पिताजी सेब केले संतरे व पपीता लाए 3. लाभ हानि जीवन मरण सब भगवान के हाथ है 4. वाह तुमने तो कमाल कर दिया	4	Critical Thinking
S.NO.	QUESTIONS	MARKS 15	NATURE STANDARD Q. and Skills
प्रश्न 8.	बालक श्रीकृष्ण किस लोभ के कारण दूध पीने के लिए तैयार हुए?	5	Informative
प्रश्न 9.	श्रीकृष्ण के लिए पाँच पर्यायवाची शब्द लिखिए।		
प्रश्न 10.	निम्नलिखित प्रश्नों के उत्तर लिखिए- हाइड्रोजन और ऑक्सीजन को पानी ने अपना पूर्वज / पुरखा क्यों कहा? लिखिए। माखन चुराते और खाते समय श्रीकृष्ण थोड़ा-सा मक्खन बिखरा क्यों देते हैं? इसकी व्याख्या अपने शब्दों में कीजिए।	3	Understanding skills
प्रश्न 11.	समुद्र के तट पर बसे नगरों में अधिक ठंड और अधिक गरमी क्यों नहीं पडती?	3 4	Problem solving skill

प्रश्न12.	विराम-चिह्नों की उपयोगिता लिखिए।		
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**Subject: Mathematics**

**Assignment No.: 7**

**Allotment Date: 31 December 2025**

S.NO	QUESTIONS (BASIC)	MARKS:- 15	NATURE
1	(i) Multiplicative inverse of $2^7$ is (a) $2^{-7}$ (b) $7^2$ (c) $-2^7$ (d) $-2^{-7}$  (ii) The distance between earth and sun is 150 million kilometre which can be written in exponential form as .....	2	Conceptual Understanding
2	Simplify: $\frac{(-2)^3 \times (-2)^7}{3 \times 4^6}$	2	Knowledge
3	About 230 billion litres of water flows through a river each day. How many litres of water flows through the river in an year? Write your answer in standard notation.	3	Cause and effect
4	The cells of a bacteria double itself every hour. How many cells will there be after 8 hours, if initially we start with 1 cell. Express the answer in powers.	3	HOT
5	(a) Simplify: $\left[ \left( \frac{2}{13} \right)^{-6} \div \left( \frac{2}{13} \right)^3 \right]^{-3} \times \left( \frac{2}{13} \right)^{-9}$  (b) Divide 293 by 10,00,000 and express the result in standard form	5	Identification

S.NO	QUESTIONS (STANDARD)	MARKS:- 15	NATURE
6	(i) The value of $3^5 \div 3^{-6}$ is (a) $3^5$ (b) $3^{-6}$ (c) $3^{11}$ (d) $3^{-11}$  (ii) The value of $(-2)^{2 \times 3 - 1}$ is (a) 32 (b) 64 (c) -32 (d) -64	2	Analytical Thinking
7	Find x so that $(-5)^{x+1} \times (-5)^5 = (-5)^7$	2	Cause and Effect
8	Planet A is at a distance of $9.35 \times 10^6$ km from Earth and planet B is $6.27 \times 10^7$ km from Earth. Which planet is nearer to Earth? Explain.	3	Observation Based
9	The cells of a bacteria double in every 30 minutes. A scientist begins with a single cell. How many cells will be there after (a) 12 hours (b) 24 hours	3	Analytical and Conceptual
10	A new born bear weighs 4 kg. How many kilograms might a five year old bear weigh if its weight increases by the power of 2 in 5 years?	5	Real life Application



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**WORKSHEET (SELF –ASSESSMENT)**



**Subject: Science**

**Assignment No.: 7**

**Allotment Date: 31 December 2025**

<b>S.NO.</b>	<b>QUESTIONS</b>	<b>MARKS 15</b>	<b>NATURE BASIC Q. and Skills</b>
<b>Q1.</b>	What is electrolysis? Give an example	3	Informative
<b>Q2.</b>	Why is tap water a good conductor of electricity?	3	Analytical skill
<b>Q3.</b>	Very short answer questions: a) Name two metals that are used for electroplating. b) What is an electrolyte? c) Define chemical deposition.	3	Understanding skill
<b>Q4.</b>	What are the applications of electroplating?	3	Critical thinking skill
<b>Q5.</b>	Why is it dangerous to handle electrical appliances with wet hands?	3	Problem solving skill
<b>S.NO.</b>	<b>QUESTIONS</b>	<b>MARKS 15</b>	<b>NATURE STANDARD Q. and Skills</b>
<b>Q6.</b>	<b>How does passage of electric current cause a chemical change? Explain.</b>	3	Informative
<b>Q7.</b>	<b>True or False.</b> (a) LED stands for Light Emitting Device. (b) Copper is a non-magnetic metal. (c) Pure water is a poor conductor of electricity	3	Analytical skill
<b>Q8.</b>	What are the factors that affect the conductivity of a solution?	3	Understanding skill
<b>Q9.</b>	Why is electrolysis important in the extraction of metals?	3	Critical thinking skill
<b>Q10.</b>	<b>Fill in the blanks.</b> a) The process of coating an object with a layer of metal is called _____. B) A substance that dissociates into ions in water is called an _____. c) Electrolysis of water produces _____ and _____ gas.	3	Problem solving skill



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**Subject: Social Science**

**Assignment No.: 7**

**Allotment Date: 31 December 2025**

<b>S.NO.</b>	<b>QUESTIONS (BASIC)</b>	<b>MARKS 15</b>	<b>NATURE BASIC Q. and Skills</b>
<b>1.</b>	<p><b>Multiple choice questions-</b></p> <p>(i) Which of the following is not a quality of human resources? (a) Education (b) Health (c) Skills (d) Soil</p> <p>(ii) The working population of a country usually includes people of which age group? (a) 0-14 years (b) 15-59 years (c) 60-80 years (d) Above 80 years</p> <p>(iii) A doctor treating patients in a hospital. Which aspect of human resources is shown? (a) Skill development (b) Health (c) Education (d) Transport</p>	1×3=3m	Informative
<b>2.</b>	<p><b>Answer the following questions in very short-</b></p> <p>1. Define the term 'Population density'. 2. Why are people considered a resource? 3. Give a brief definition of 'Natural growth rate'.</p>	2×3=6m	Recall/ Identification
<b>3</b>	<p><b>Answer the following questions in short-</b></p> <p>1. The world population has grown very rapidly. Give reasons. 2. Write a short note on population composition.</p>	3×2=6m	Explanation
<b>S.NO.</b>	<b>QUESTIONS (STANDARD)</b>	<b>MARKS 15</b>	<b>NATURE STANDARD Q. and Skills</b>

1.	<p><b>There are two statements given Assertion (A) and Reason (R) given above. Mark your answer according to the code given below.</b></p> <p><b>Q.1 Assertion (A):</b> Education and health are important for developing human resources.</p> <p><b>Reason (R):</b> A healthy and educated workforce can contribute more efficiently to economic development.</p> <p><b>Codes:</b></p> <p>(a) Both (A) and (R) are true but (R) is the correct explanation of (A).  (b) Both (A) and (R) are true but (R) is not the correct explanation of (A).  (c) (A) is true but (R) is false.  (d) (A) is false but (R) is true.</p> <p><b>Q.2 Assertion (A):</b> Skilled labour contributes more effectively to production.</p> <p><b>Reason (R):</b> Skill has no impact on productivity.</p> <p><b>Codes:</b></p> <p>(a) Both (A) and (R) are true but (R) is the correct explanation of (A).  (b) Both (A) and (R) are true but (R) is not the correct explanation of (A).  (c) (A) is true but (R) is false.  (d) (A) is false but (R) is true.</p>	1×2=2m	Analytical reasoning
2.	<p><b>Answer the following questions in very short-</b></p> <p>(i) Discuss the role of any two factors influencing population change.</p>	2×1=2m	Concept linking
3.	<p><b>Answer the following questions in short-</b></p> <p>(i) When all the students are present in the classroom, it seems very crowded. But when the same class is in the school assembly hall, it seems so open and empty. Why?</p>	3×1=3m	Analytical thinking
4.	<p><b>Answer the following questions in detail-</b></p> <p>(i) Imagine you are a planner of a developing nation. What measures would you adopt to improve the quality of human resources.</p>	5×1=5m	Critical Analysis
5.	<p><b>Draw a diagram of a population pyramid.</b></p>	1×3=3m	Map based



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**WORKSHEET (SELF –ASSESSMENT)**



**Subject: Sanskrit**

**Assignment No.: 7**

**Allotment Date: 31 December 2025**

S.NO.	BASIC QUESTIONS	MARKS	NATURE
1	निम्नलिखितशब्दानाम् अर्थान् लिखत - आलपंतः, चर्मणा, निदाघः, नभसि, अवकरभंडारम् ।	(5)	Information
2	प्रश्नानामुत्तराणि एकपदेन लिखत- (क) केन पीडितः वैभवः बहिरागतः? (ख) भवनेत्यादीनां निर्माणाय के कर्त्यन्ते? (ग) मार्गे किं दृष्ट्वा बालाः परस्परं वार्तालापं कुर्वन्ति? (घ) वयं शिक्षिताः अपि कथमाचरामः? (ङ) प्लास्टिकस्य मृत्तिकायां लयाभावात् कस्य कृते महती क्षतिः भवति?	(5)	Memory skill
3	रेखांकितपदमाधृत्य प्रश्ननिर्माणं कुरुत- (क) जागरूकतया एवं स्वच्छताऽभियानमपि गतिं प्राप्स्यति। (ख) धेनुः शाकफलानामावरणैः सह प्लास्टिकस्यूतमपि खादति स्म। (ग) वायुवेगः सर्वथाऽवरुद्धः आसीत्। (घ) सर्वे अवकरं संगृह्य अवकरकण्डोले पातयन्ति। (ङ) अधुना प्लास्टिकनिर्मितानि वस्तूनि प्रायः प्राप्यन्ते।	(5)	Creative Thinking
<b>STANDARD QUESTIONS</b>			
4	सन्धिविच्छेदं पूरयत- (क) ग्रीष्मर्तौ ..... + ऋतौ (ख) बहिरागत्य - बहिः + ..... (ग) काञ्चित् - ..... + चित् (घ) तद्वनम् - ..... + वनम् (ङ) कलमेत्यादीनि - ..... + .....	(5)	Critical Thinking
5	निम्नप्रकृति-प्रत्ययान् योजयित्वा लिखत- (i) खाद् + क्त्वा (iv) गम् + क्तवतु (ii) अनु + गम् + ल्यप् (v) लिख् + क्त्वा (iii) भू + क्त	(5)	Application
6	उचित संख्यावाचीशब्दैः रिक्तस्थानानि पूरयत- (i) नेत्रे ___स्तः ।	(5)	Analytical and creative skill

(ii) मुखम् _____ अस्ति ।		
(iii) चरणौ _____ स्तः ।		
(iv) पाण्डवाः _____ आसन् ।		
(v) रावणस्य _____ आननानि आसन् ।		



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**WORKSHEET (SELF –ASSESSMENT)**



**Subject: Computer**

**Assignment No.: 7**

**Allotment Date: 31 December 2025**

S.NO.	QUESTIONS	MARKS	SKILLS/COMPETENCIES
1	<p>A. Multiple choice questions.</p> <p>1. Which HTML tag is used to create an unordered list?</p> <p>A. &lt;ol&gt; B. &lt;ul&gt; C. &lt;li&gt; D. &lt;list&gt;</p> <p>2. Which tag is used to define a list item?</p> <p>A. &lt;ul&gt; B. &lt;ol&gt; C. &lt;li&gt; D. &lt;item&gt;</p> <p>3. What type of list is created using &lt;dl&gt;?</p> <p>A. Ordered list B. Unordered list C. Description list D. Nested list</p> <p>4. Which tag is used to create a table in HTML?</p> <p>A. &lt;tab&gt; B. &lt;tr&gt; C. &lt;table&gt; D. &lt;td&gt;</p> <p>5. Which tag is used for table headings?</p> <p>A. &lt;td&gt; B. &lt;tr&gt; C. &lt;th&gt; D. &lt;thead&gt;</p> <p>6. Which attribute is used to merge two or more columns in a table?</p> <p>A. rowspan B. colspan C. merge D. span</p>	6x0.5=3	Information
2	<p><b>B. Fill in the blanks.</b></p> <p>1. The attribute used to merge columns in a table is _____.</p> <p>2. An ordered list is created using the _____ tag.</p> <p>3. _____ is used to define and describe terms, much like dictionary.</p> <p>4. _____ tag is used to create data cells.</p>	4x0.5=2	understanding

<b>3</b>	<b>C. Write T for true and F for false.</b> 1. rowspan attribute is used to merge columns in a table. 2. <li> tag is used inside <ul> or <ol> tags. 3. <table> tag is used to create a table in HTML. 4. Disc is the default bullet type in ordered lists. 5. An ordered list is a list of items marked with bullets. 6. Cellpadding property is used to adjust the space around a cell.	<b>6x0.5=3</b>	understanding
<b>4</b>	<b>D. Answer the following questions.</b> a. What is a definition list? b. What is ordered list?	<b>2</b>	Evaluation



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**WORKSHEET (SELF –ASSESSMENT)**



**Subject: Art and Work Education**  
**Allotment Date: 31 December 2025**

**Assignment No.: 7**

S. No.	QUESTIONS	MARKS	NATURE
1	What is a Portrait in art?	2	Informative
2	What art style is Portrait?	2	Informative
3	How to make Rangoli Design?	2	Understanding
4	Explain step by step process of rangoli design for beginners.	2	Informative
5	Explain symbolism of Rangoli.	2	Understanding



**ARMY PUBLIC SCHOOL GWALIOR**  
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**WORKSHEET (SELF –ASSESSMENT)**



**Subject: Music (Dance)**

**Assignment No.: 7**

**Allotment Date: 31 December 2025**

S. NO.	QUESTIONS	MARKS	NATURE
1	<b>What does Anjali hasta mudra means in Kathak dance?</b> a) Namaskar b) Nritya	1	Informative
2	<b>Is there a tradition of doing namaskar at the beginning and end of Kathak dance?</b> a) No b)yes	1	Informative
3	<b>In classical dance we pay respect and honour to the almighty,our mentor,Guru,audiences and the stage.yes or no.</b> a) yes b) No	1	Informative
4	<b>What should be perform at the very beginning of kathak dance?</b> a) Namaskar b) Hastamudra	1	Informative
5	<b>How many hands are used to make a sanyukt hastamudra?</b> a) 2 b) 4	1	Informative
6.	<b>In Kathak dance, how many hands are used to make the asanyukt hastamudra ?</b> a) 2 b) 1	1	Informative
7.	<b>What is Bhoomi pranam?</b> a)bhoomi ko pranaam karana b) guru ko pushp arpit karana	1	Informative
8.	<b>We make anjali hasta over the head for____, in front of face for____, infront of chest for____.</b> a) Devta,Guru, badon b) Jal,Hawa,pani	1	Informative
9,	<b>What is the meaning of Pushpanjali?</b> a) Bhagavaan aur guru ko pushp arpit karana	1	Informative

	b) Deep prajvalit karana		
<b>10.</b>	How many measures are there in Teentaal? a) 16 b) 14	<b>1</b>	<b>Informative</b>



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**WORKSHEET (SELF –ASSESSMENT)**



**Subject: Music (Vocal)**

**Assignment No.: 7**

**Allotment Date: 31 December 2025**

S. NO.	QUESTIONS	MARKS	NATURE
1	How many strings are there in the instrument guitar? a) 6 b) 5	1	Informative
2	The instrument which has keys? a) Guitar b) Harmonium	1	Informative
3	How many notes are there in an octave? a) 8 b) 7	1	Informative
4	The instruments which have frets? a) Guitar b) Keyboard	1	Informative
5	Black key in the keyboard is called? a) Sharp Note b) Normal Note	1	Informative
6.	Maintaining a regular speed (tempo) while playing instrument is called? a) Laya b) Taal	1	Informative
7.	The orderly playing of beat is called a) Rhythm b) Beat	1	Informative
8.	How many parts are there in instrument Congo? a) 3 b) 4	1	Informative
9,	Drums, Congo instrument belong to which category?	1	Informative

	a) Brass Instruments b) Percussion Instruments		
<b>10.</b>	Tabla is which type of Instrument? a) Indian b) Western	1	Informative



**ARMY PUBLIC SCHOOL GWALIOR**  
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**WORKSHEET (SELF –ASSESSMENT)**



**Subject: Yoga**

**Assignment No.: 7**

**Allotment Date: 31 December 2025**

S. No	QUESTIONS	MARKS	SKILLS
1	<b>MULTIPLE CHOICE QUESTIONS (Q1–Q4)</b>	<b>4x1=4</b>	
	1. Halasana mainly helps in improving: a) eye power b) flexibility of the spine c) arm strength d) hearing ability	1	Analytical Thinking
	2. In Setu Bandha Asana, the body posture resembles a: a) Tree b) Bridge c) Mountain d) Wheel	1	Analytical Thinking
	3. Shavasana is usually practiced at the: a) Beginning of yoga practice b) Middle of Yoga practice c) End of Yoga practice d) Only in the morning	1	Analytical Thinking
	4. In Shavasana, the body should be: a) Tight and stiff b) Bent forward c) Completely Relaxed d) Lifted upward	1	Analytical Thinking
2	<b>TRUE OR FALSE (Q5–Q7)</b>	<b>3x1=3</b>	
	1. Halasana helps in massaging the abdominal organs. _____	1	Critical Thinking
	2. Setu Bandha Asana strengthens the back muscles. _____	1	Critical Thinking
	3. Shavasana helps in calming the mind and body. _____	1	Critical Thinking
3	<b>FILL IN THE BLANKS (Q8–Q10)</b>	<b>3x1=3</b>	
	1. Halasana is named after a _____ used by farmers.	1	Informative
	2. Setu Bandha Asana is also known as the _____ pose.	1	Informative

	3. Shavasana is performed in a_____ lying position.	1	Informative
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**WORKSHEET (SELF –ASSESSMENT)**



**Subject: Health and Physical Education**

**Assignment No.: 7**

**Allotment Date: 31 December 2025**

<b>S.NO</b>	<b>QUESTIONS</b>	<b>MARKS</b>	<b>SKILLS/ COMPETENCIES INFORMATION</b>
1.	<p><b>Tick The Correct Answer</b></p> <p>Q-1- The height of the basketball ring from the ground is? A. 3.00m B. 3.05m C. 3.10m D. 3.15m</p> <p>Q-2 How many referees usually officiate a basketball match? A. 1 B. 2 C. 3 D. 4</p> <p>Q-3 Which of the following is not a basic skill of basketball? A. Dribbling B. Passing C. Shooting D. Kicking</p> <p>Q-4- Which violations occurs when a player dribbles, stop, and dribbles again ? A. Traveling B. Double dribble C. Charging D. Blocking</p>	4	
2	<p><b><u>Fill in the blanks</u></b></p> <p>Q-5- The court is divided into two equal _____ (Halves, Panels)</p>	3	<b>INTERDISCIPLINARY</b>

	<p>Q-6 A Free throw line is _____ meters away from the backboard (4.6, 5.6)</p> <p>Q-7 The referee uses a _____ to control the game (key, Whistle)</p>		
<b>3</b>	<p><b><u>True False</u></b></p> <p>Q-8- Dribbling the ball is compulsory while moving with the ball ?  <b>A.</b> True  <b>B.</b> False</p> <p>Q-9 A Dunk shot is worth of 3 points?  <b>A.</b> True  <b>B.</b> False</p> <p>Q-10- Father of basketball is said to be Dr. James Naismith?  <b>A.</b> True  <b>B.</b> False</p>	<b>3</b>	<b>UNDERSTANDING</b>



**ARMY PUBLIC SCHOOL GWALIOR**  
**CLASS - VIII**  
**ACADEMIC SESSION 2025-26**  
**WORKSHEET (SELF –ASSESSMENT)**



**Subject: Karate (Martial Art)**

**Assignment No.: 7**

**Allotment Date: 31 December 2025**

S.No	QUESTIONS	Point
1	What is the meaning of mawashi gari ?  A. Fight B. Fukushin C. Roundhouse kick D. Niquashi	1X10=10
2	What is the meaning of ippon? A. 2 point B. 3 point C. 3 point D. 4 point	
3	How many scoring criteria of kumite? A. 3 B. 5 C. 6 D. None of these	
4	Gari is called .....?  A. Reverse hand punch B. Chudan gari C. kick D. Kentekigari	
	<b>FILL IN THE BLANKS</b>	
5	..... scoring criteria of kumite.(5,6,)	
6	Mawashi gari training is useful for getting.....(2 points,3points)	
7	Ippon is the japeese name of .....point.(two,three )	
	<b>TRUE AND FALSE</b>	
8	Roundhouse is called middle kick.	

<b>9</b>	Gari is called for punch	
<b>10</b>	Good form is the scoring criteria of kumite	