

ARMY PUBLIC SCHOOL GWALIOR  
INTEGRATED CURRICULUM AS PER NEP 2020  
HOLISTIC PERSONALITY DEVELOPMENT

**Objectives of HPD:**

- a) **Spiritual Liberation:** Liberating individuals spiritually from stress, anxieties, day to day worldly concerns in order to develop them as internally free individuals who will attain real happiness in life or self-actualization.
- b) **Moral Development:** Developing morality as a reflection of the visionary mission of AWES in promoting the perfection of good character.
- c) **Cultivation of Intellect:** Cultivating intellectual faculty for freedom of thought and intellectual independence.
- d) **Physical Growth:** Learners should go through physical training, because a healthy body is a pre-requisite of a healthy mind.
- e) **Individual Benefits:** Enhancing learners' personal potentials, intrapersonal intelligences, and communication skills in order to increase their self-confidence, performance and competencies.
- f) **Social Benefits:** Educating learners to be a part of society with a high sense of public spiritedness towards societal obligations and welfare.
- g) **Preparation for Professional life:** Preparing learners for real life situations through professional development according to their interests, potentials and talents.

**Primary Classes (Nursery-II)**

- (i) **Singing Songs and Rhymes, Organizing Activities based on Experiential Learning**  
Singing songs and rhymes develop child's auditory perception-an important pre-reading skill.
- (ii) **Play with Puppets and Storytelling**  
Puppet play and storytelling is wonderful for expressing feelings, learning to communicate and building coordination and sensory strength. Making your own puppet is creative and exciting.
- (iii) **Play Dough**  
Play dough is a calming activity that improves attention span and is great for strengthening the finger muscles and building creativity.
- (iv) **Nature Walk**  
Exploring nature is good for both physical and mental health. It will make the students sensitive towards our environment too and provides lots of learning related to curricula.
- (v) **Greeting Each Other**  
Teacher should stand outside the class every day and welcome the students by shaking hands and also ask them to greet each other,

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**Primary Classes (III-V)**

- (i) Reading Club and Tracking the Improvement in the Reading Skill**  
Reading develops language skills and vocabulary which is very important in the formative years.
- (ii) Prepare Greeting/Thank You Cards for Soldiers, Labourers, and other Public Servants**  
Greeting cards allow us to show our admiration and gratitude towards our soldiers for their services and sacrifices and also for other public servants, who make contribution to our lives and make it easy.
- (iii) Circle Time with Class/Subject Teachers and CCA and Sports Activities**  
Such activities help in building a rapport between teachers and students and develop life and sporting skills in students.
- (iv) Educational Outings/Trips**  
Taking students on educational outings/trips is quite meaningful for them. It is quite likely to remember each bit of learning during any trip/excursion to heritage and other nature sites instead of watching video and reading about it.
- (v) Expressing your Gratitude**  
Practice expressing gratitude for the things you have been given and the people in your lives.

**Secondary Classes (VI-VIII)**

- (i) IT/ATL Access to Students and Workshops**  
Use of ICT and computer programme for research and investigative projects. Students are engaged in developing their own prototypes in ATL labs.
- (ii) Guest Lectures**  
Serving Army officers and other experts and professionals are invited for giving motivational lectures.
- (iii) Contemporary and Individual Awareness Programme**  
Group Discussion, Adolescence Education and Gender Sensitization programme to be carried out.
- (iv) Club/CCA activities**  
Health Club, Nature Club, Vocational Skills Club and other kinds of activities for self and environmental awareness, potential enhancement and life and vocational skill development.

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**(v) NCC**

The aim of NCC is to create an organized, trained and motivated youth.

**(vi) Digital Newsletters**

Developing Digital newsletters and magazine for improving writing skills and emboldening individual efforts.

**(vii) Student's Portfolio**

Such documents offer valuable data about student improvement and skill enhancement.

**(viii) Design a Dream Home**

Most students would love to dream up a bedroom, tiny house or even mason design. Such ideas are incorporated in Handicraft and Claymodelling Classes.

**Senior Secondary Classes (IX-XII)**

**(i) Mock Market/Fete (Money Management and Marketing Skills)**

Mock trading helps young investors/learners to identify the right counters to buy and to put in their investment portfolio without losing their money. It also builds their self-confidence and culinary skills, if any items being prepared by their own.

**(ii) Reading Club**

It will help in improving communication and presentation skills.

**(iii) Educational Trips and Excursions.**

Trips provide students opportunities to make new friends, to bond with their classmates, and to create memories that will stay with them for a lifetime.

**(iv) CCA and Sports and other Activities for Personality Building**

Students are provided with an exposure to participate in various activities across the session to develop their life skills and improve their personalities. In addition, a few awareness activities related to how to handle pressure and stress, how to develop clear career goals, how to maintain hygiene and cleanliness, how to resist peer pressure, bullying, and use of substance.

**(v) Vocational learning**

The school has started with six vocational subjects in Classes IX-XII this academic session to provide an understanding to the students into their chosen vocation. The objective of these vocational subjects is to ensure that the student start developing skills, appropriate for a particular vocation and also gain enough knowledge as per curricula in time, in order to choose the subject for their career and professional lives.

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**(vi) Photography Club**

The school has procured one DSLR camera for students to develop students' creative and aesthetic skills. The asset is used for in-house photography and also in Art and Crat Studio to complement the creative efforts of students.

**(vii) Create a short film by using Artificial Intelligence**

Short films on Campus/School life, using AI is underway. The project will be carried out once we get one academic session over with AI batch for both IX and XI.

**(viii) Visit to Orphanage/Old age Home and Home for Special Children**

Students visited Orphanage and Old Age Homes where they donated some edible items and clothes.